



April 10, 2020

Dear Beatitudes Campus Families,

All across the nation, older adult communities like Beatitudes are facing challenges to mitigate the spread of COVID-19. During the past few weeks, everyone – staff and residents alike – at Beatitudes Campus have worked together to try to stay ahead of the curve by putting precautions in place to ensure your safety and well-being.

We are not out of the woods yet. The state data suggests that the COVID-19 curve will peak in the next few weeks in Arizona. After careful consideration of data and the advice of our local, state and federal partners, **Beatitudes Campus is taking the next critical step to better safeguarding by instituting a temporary lockdown on campus, effective Saturday, April 11 at 12 noon.** We are asking all residents to restrict themselves to their apartments, with the exception of walks for exercise within the campus, pet walks, laundry shifts, mail collection and trash disposal. Residents who have essential medical appointments will be allowed to keep their appointments but must to quarantine themselves for a full 14 days in their apartment after return from the appointment. Attached to this letter are specific guidelines for a campus lockdown.

We know that putting the campus on lockdown sounds harsh, but it is necessary. It is our strongest wish and our full expectation to lift this essential lockdown as soon as conditions permit. Fully restricting the movements of our residents is the best tool we have to mitigate the disease.

As we have said before, our challenge to control the spread of COVID-19 is much more than a sprint to the finish. It is a relay marathon effort – we cannot ensure the safety of residents and staff running the marathon alone. It takes a team of residents, staff and families to finish the race.

These are times like no other. They have been hard, and they could get harder. Thank you for your flexibility, your spirit and most of all, your willingness to understand what we have to do to protect the safety and security of the people you love across the campus – our beloved residents and staff. **We are Beatitudes Strong!**

If you have questions, concerns, please email us at [BeWell@BeatitudesCampus.org](mailto:BeWell@BeatitudesCampus.org).

Stay strong. Stay safe.

A handwritten signature in black ink that reads 'Michelle L. Just'.

Michelle Just  
President and CEO

A handwritten signature in black ink that reads 'David Ragan'.

Rev. David Ragan  
Senior Vice President, Resident Services



## EFFECTIVE SATURDAY, APRIL 11, 2020 – LOCKDOWN AT BEATITUDES CAMPUS

### What You Need to Know

**Residents are required to restrict themselves to their apartments** with the exception of walks for exercise, pet walks, laundry shifts, mail collection, and trash disposal.

- Residents will not be permitted to take walks off-Campus until further notice. We encourage you to walk around campus but not in groups.

**Residents who prefer to stay with family or friends off-campus at this time are welcome to do so for the duration of the lockdown.** Please understand we are not asking you to leave! We are trying to empower you to make this decision yourself if you are uncomfortable with the lockdown or believe you cannot abide by these temporary restrictions.

**Housekeeping services and routine maintenance request inside resident apartments will be on hold temporarily.** This is being done for a few reasons:

- We want to limit the occasions where staff members enter into your personal apartment as it is hard to maintain a six-foot difference.
- Housekeeping efforts will be focused on sanitizing all commonly touched communal items, such as elevator buttons, doorknobs, laundry machines, etc. throughout the campus.
- Residents are encouraged to use their own cleaning solution, hand soap or dish liquid to maintain cleanliness throughout their home.
- If you have an emergency situation in your apartment, of course our housekeeping or facilities staff will come in and attend to it.

**Beatitudes Campus will continue to provide grocery shopping and will be accepting and delivering drop-offs from family and friends.**

- Residents will not be allowed to come down to the Administration Building to meet family or friends at the drop-off table.
- If residents need to exchange documents that need to be signed with family members, they may call Josephine Levy at #16110 for coordination.

**Off-campus essential caregivers, including family caregivers, will be allowed to continue to provide care to residents in Independent Living** In order to ensure necessary care for residents.

- All off-campus caregivers will be provided with an instructional distributive for sanitation procedures while on Campus, which must be strictly adhered to for the continued safety of the community.
- We ask that you discuss with your family or personal caregiver what is truly essential and what visits can be combined in order to limit possible visits.
- Residents using campus transportation to medical appointments will have their temperature taken and will be asked a series of questions related to COVID-19 exposure prior to using Campus transportation.

**Residents who need to leave campus for any reason, including essential medical appointments, will be required to quarantine themselves in their apartments for 14 days. The rules for quarantine are below.**

- Under quarantine, residents will remain in their apartment at all times, they will have their temperature taken daily, and there will be a quarantine sign placed on their door.
- If residents under quarantine have a dog, they may continue to take their dog out, but the resident *must* wear a mask, wash their hands thoroughly before leaving the apartment, and use the building sanitizer dispenser before getting back on the elevator.

**New residents will also be required to quarantine for 14 days** following their move-in.

**Residents will not be permitted to use building lounges or visit one another's apartments.**

**Outdoor chairs and benches will be widely separated throughout campus to provide safe spaces for walk breaks**, and residents are asked not to move the chairs.

**Elevators will be limited to one person at a time, with the exception of couples who live together.**

**Security and staff will be breaking up gatherings of residents and staff within six feet of one another**, with the exception of residents who live together. We ask that you, too, help with this, as we are all in this together.

**Mobile medical services, such as Mobile Valley Physicians, Dispatch Health and essential mobile specialists will be allowed on campus.** Oasis Outpatient Therapy on campus is still in service for those with essential therapy needs.

We understand there are residents in Independent Living with dementia and varying degrees of troubled thinking who may have difficulty understanding and adhering to these guidelines. For your protection, **for individuals who repeatedly demonstrate they are not able to follow the isolation protocol, we will place a staff member their door at all hours at cost to the resident, in order to ensure their adherence.**

**ANY QUESTIONS: Please email [BeWell@BeatitudesCampus.org](mailto:BeWell@BeatitudesCampus.org)**