

PLAZA BISTRO BREAKFAST MENU

SEPTEMBER 07—13, 2020

BREAKFAST SERVED 7—10:30AM (TO 11:30AM ON SUNDAYS)

CLASSIC BREAKFAST OFFERINGS

OATMEAL (70 CAL)\$1.99
 Add Brown Sugar (35 CAL), Raisins (90 CAL) or Cream (19 CAL)

BISCUITS & GRAVY (360 CAL)\$3.19
 Two Biscuits Covered with a Savory Country Sausage Gravy

ALA CARTE BREAKFAST**BUILD YOUR OWN BREAKFAST!**

Eggs Any Style

One Egg (72 CAL), .59¢
 Two Eggs (144 CAL), \$1.19
 Three Eggs (216 CAL), \$1.78
 Substitute Egg Whites (32 CAL)

Add Meat(s), .89¢

Bacon (90 CAL)
 Sausage (180 CAL)
 Canadian Bacon (40 CAL)

Toast/Bread (2 slices) .89¢

Sourdough (324 CAL)
 Wheat (138 CAL)
 9-Grain (240 CAL)
 Rye (130 CAL)
 Cinnamon Raisin (160 CAL)
 English Muffin (67 CAL)
 Flour tortilla (90 CAL)
 Bagel (245 CAL)
 Gluten Free (140 CAL)

CREATE YOUR OWN SANDWICH/BURRITO

Utilize any of the above ingredients to make your own Breakfast Sandwich or Burrito

 **BREAKFAST QUESADILLA** (630 CAL)\$4.59

CREATE YOUR OWN OMELET\$4.39

Choice of Canadian Bacon (40 CAL), Sausage (180 CAL), Bacon (90 CAL), Mushrooms (6 CAL), Green Peppers (6 CAL), Onions (10 CAL), Tomatoes (5 CAL), Cheddar Cheese (113 CAL), Swiss Cheese (106 CAL) or Pepper Jack Cheese (108 CAL)

 **APPLE CINNAMON COMPOTE** (199 CAL)59¢

Add to any order as a topping!

SHORT STACK PANCAKES (520 CAL)\$2.69

Two Fluffy Pancakes served with Butter & Warm Maple Syrup—Add Compote Above, 59¢

BELGIAN WAFFLE (402 CAL)\$2.99

Fresh Baked Waffle served with Butter and Warm Maple Syrup—Add Compote Above for 59¢

FRENCH TOAST (362 CAL)\$2.99

Fresh Baked Challah Bread served with Butter and Warm Maple Syrup—Add Compote Above for 59¢

HEART HEALTHY (162 CAL)\$2.99

A Lite Breakfast Sandwich Made with Egg Whites, Spinach and Mushrooms served on a Thin Roll

LIGHT START (228 CAL)\$2.99

Bowl of Cottage Cheese or Yogurt served with Seasonal Fruit & Berries

COLD BREAKFAST CEREAL\$1.99

Choice of Cheerios (100 CAL), Rice Krispies (97 CAL) or Raisin Bran (100 CAL); served with a half-pint of Milk—Regular (150 CAL); 2% (120 CAL); or Fat Free (90 CAL)

SIDES MENU

Add to Any Order or by Itself

Add a Pancake (235 CAL)\$1.29	Add Home Fries (266 CAL)69¢
Add a Slice of French Toast (110 CAL)\$1.39	Add Fruit Cup (45 CAL) \$1.09
Add a Strip of Bacon (90 CAL)49¢	Add Canadian Bacon (40 CAL)49¢
Add a Slice of Toast49¢	Add Biscuit (212 CAL)89¢
Two Slices of Toast89¢	Add Sausage (180 CAL)49¢
Add Blueberries (80 CAL)59¢	Add Cheese (113 CAL)49¢
Add Hash Browns (470 CAL)69¢	Avocado (130 CAL)49¢