



Find the Food and Variety you are Looking for Inside...

Buckwald's Labor Day Menu 2020

Soup: Seafood Chowder

Salad Bar: Mustard Potato Salad, Coleslaw and Macaroni Salad

Entrees: Char-Grilled Burgers and Hot Dogs with all the fixings or Texas Style Smoke Brisket

Sides: Scalloped Potatoes; Creamed Corn;

Garlic Green Beans; Cowboy Beans

Dessert: Fresh Bake Cherry Pie-NSA Cherry Pie

Bistro

PLAZA BISTRO DAILY FEATURES—x12908

OPEN FOR LUNCH MONDAY—SATURDAY, 10:30AM—7PM AND SUNDAY FROM 11:30AM—7PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Soup: Mushroom Barley (77/102 cal) Entree: Corned Beef with Cabbage and Boiled Red Potatoes (459 cal) Veg: Baked Parmesan Tomato (87 cal) Sushi Special: (\$4.99) Spicy Tuna Roll, Alaskan Roll, Teriyaki Chicken Roll	Soup: Beef Vegetable (105/140 cal) Entree: Chicken with Spinach in Parmesan Sauce with Mashed Potatoes (592 cal) Veg: Carrots and Turnips (31 cal)	Soup: Chicken and White Bean (148/198 cal) Entree: Veal Patty with Mushroom Demi and Yukon Gold Mashed Potatoes (531 cal) Veg: Cauliflower (35 cal)	Soup: Cream of Red Pepper and Gouda Cheese (156/208 cal) Entree: Beer Braised Chicken with Roasted Red Potatoes (412 cal) Veg: Italian Flat Beans (139 cal)	Soup: Seafood Gumbo (85/113 cal) Entree: Tequila Lime Chicken with Mango Salsa and Mexican Rice (555 cal) Veg: Grilled Vegetables (151 cal)	Soup: Ham and Vegetable (74/98 cal) Entree: Vegetable Lasagna with Garlic Bread (608 cal) Veg: Broccoli (30 cal)

SUNDAY

Soup: Amish Chicken and Corn (156/208 cal)
Entree: Italian Braided Pork Chops with Garlic Mashed Potatoes and Tomato Sauce (595 cal)
Veg: Roasted Parsnip (144 cal)
Family Style Special: (\$6.99) Roast Pork with fresh Apple Sauce, Mashed Potatoes, and Roasted Summer Vegetables

Buckwald's

BUCKWALD'S LUNCH FEATURES—X16130




MENU FOR LUNCH ONLY | LUNCH AVAILABLE MONDAY—SATURDAY, 11AM—2PM | SEE DINNER MENU INSIDE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH: Soup (\$2.09): French Onion Entrees (\$4.89): Lemon Pepper Roasted Chicken Quarter OR Baked Alaskan Salmon Sides: Wild Rice; Mashed Potatoes with Gravy; Sautéed Vegetables; Fresh Braised Greens Dessert: Blueberry Pie	LUNCH: Soup (\$2.09): Turkey Rice Entrees (\$4.89): Garlic Herb Meatloaf OR Maryland Crab Cake Sides: Mashed Red Potatoes and Gravy; Steamed Carrots; Braised Cabbage Dessert: Red Velvet Cake	LUNCH: Soup (\$2.09): Tomato Bisque Entrees (\$4.89): Chicken Florentine OR Lamb Stew Sides: Couscous with Parsley; Mashed Potatoes with Gravy; Italian Flat Beans; Chard Bacon Brussel Sprouts Dessert: Layered Carrot Cake	LUNCH: Soup (\$2.09): Italian Chowder Entrees (\$4.89): Herb Roasted Turkey OR Braised Pork Sides: Garlic Orzo; Mashed Potatoes with Gravy; Sautéed Spinach; Parmesan Tomato Dessert: Lemon Cream Cake	LUNCH: Soup (\$2.09): Manhattan Clam Chowder Entrees (\$4.89): Baked Cod New Orleans OR Classic Chicken Cacciatore Sides: Fingerling Potatoes; Mashed Potatoes with Gravy; Broccoli; Roasted Beets Dessert: Chocolate Cake Fish Fry Special: (\$8.99) Crispy Walleye with Potato Wedges, Apple Cranberry Coleslaw, Tartar Sauce and Lemons	LUNCH: Soup (\$2.09): Cream of Asparagus Entrees (\$4.89): BBQ Baby Back Ribs OR Vegetable Lasagna Sides: Corn Bread Stuffing; Mashed Potatoes with Gravy; Baked Beans; Peas & Mushrooms Dessert: Apple Pie





(Sugar Free & Gluten Free Available For ALL Desserts)




PLAZA BISTRO MENU: SEPTEMBER 07—13, 2020

DELIVERY & PRICING: x12908 | LUNCH/DINNER SERVED BETWEEN 10:30AM (SUNDAYS FROM 11:30AM) TO 7PM

SOUPS	ENTRÉE SALADS
<p>CHILI CON CARNE  2.79cup (200 CAL)/3.49bowl (266 CAL)</p>	<p>6.69 ARIZONA CHICKEN & SPINACH (466 CAL) Fresh Baby Spinach Topped with Choice of Grilled Chicken Breast, Mushrooms, Candied Pecans, Raspberries, Apple and Raspberry Vinaigrette</p>
<p>CLASSIC CHICKEN NOODLE 2.19cup (58 CAL)/2.99bowl (77 CAL)</p>	
<p>SOUP DU JOUR (2.19cup/2.99bowl)  (ASK FOR CAL COUNT) Made fresh daily by our chefs, ask for today's selection</p>	<p>6.29 CALIFORNIA CHICKEN SALAD (597 CAL)  Herbed Chicken Breast, Avocado, Strawberries, Cucumber, Radish, Goat Cheese & Toasted Almonds on Romaine Lettuce</p>

SANDWICHES	
<p>4.59 HALF SANDWICH/CUP OF SOUP DU JOUR Choice of Smoked Turkey (128 CAL), Black Forest Ham (212 CAL), Tuna Salad (165 CAL) or Cranberry Chicken Salad (190 CAL) served with a Cup of Soup du Jour—<i>Make it a full sandwich for \$5.99. Gluten Free Bread Available</i></p>	<p>4.29 MAKE YOUR OWN MELT (350 CAL) <i>Choice of:</i> <u>Bread:</u> Wheat, Sourdough, Whole Grain, Rye, Gluten Free <u>Cheese:</u> American, Cheddar, Provolone, Swiss or Pepper Jack <u>Filling:</u> Tuna (.50¢), Ham (.50¢), Turkey (.50¢), Tomato (.25¢)</p>
<p>3.29 GRILLED HOT DOG (374 CAL) All-Beef Frank on a Bun; <i>Toppings: Onions, Chili, Cheese, Sauerkraut</i></p>	<p>5.29 TURKEY, BRIE & CRANBERRY MUSTARD PANINI (500 CAL)  Smoked Turkey, Brie Cheese on Ciabatta Bread with a Cranberry Mustard Spread</p>
<p>5.49 SLOPPY JOE SANDWICH (485 CAL)  Sloppy Joe Beef on a Toasted Brioche Bun</p>	<p>5.79 BEATITUDES BURGER 100% All Beef Patty served on a Kaiser Roll <i>All Burgers come with Lettuce</i> (3 CAL), <i>Tomatoes</i> (7 CAL), <i>Pickles</i> (4 CAL), <i>Onions</i> (15 CAL) <i>and choice of:</i> <u>Patty:</u> Beef (+390 CAL), Turkey (+289 CAL), Veggie (+140 CAL) or Charbroiled Chicken Breast (+194 CAL) <u>Bun:</u> Whole Wheat (+234 CAL), White Kaiser (+234 CAL), Gluten Free (+170 CAL) <u>Cheese:</u> American (+99 CAL), Swiss (+106 CAL), Cheddar (+114 CAL) or Blue Cheese (+100 CAL) <i>Additional Toppings are 50¢ each:</i> <u>Toppings:</u> Mushrooms (+8 CAL), Bacon (+88 CAL), Onions (+11 CAL), Avocado (+80 CAL) <u>Sauces:</u> Mayo (+50 CAL), Ketchup (+17 CAL), Mustard (+9 CAL)</p>
<p>5.29 LATIN STYLE CHICKEN & RICE QUESADILLA (477 CAL)  Shredded Chicken, Rice and Cheddar Cheese on Flour Tortillas</p>	
<p>4.59 B.L.T (344 CAL) Toasted Wheat Bread with Crispy Bacon, Lettuce, Tomato and Mayonnaise—<i>Add Sliced Turkey or Black Forest Ham for \$1; Gluten Free Bread Available</i></p>	

ENTRÉES	
<p>4.39 OMELET YOUR WAY (423cal) Two Egg Omelet with Your Choice of Vegetables, Meats and Cheeses—<i>build it your way!</i></p>	<p>4.99 CHICKEN FINGERS (223cal) Chicken Tenderloins Coated in Bread Crumbs with choice of BBQ, Ranch or Honey Mustard Dipping Sauce</p>
<p>5.29 HALF ROASTED CHICKEN (300 CAL)</p>	<p>4.79 CHEESE PIZZA (420cal) Traditional Crust Topped with Sauce and Mozzarella Cheese</p>
<p>5.79 CARVED ROASTED BEEF (504 CAL)  Seasoned Beef Tenderloin, carved to order and served with an Orange BBQ Sauce</p>	<p>5.49 MARGHERITA PIZZA (430 CAL)  Tomato, Fresh Mozzarella, Red Sauce, Basil & Balsamic Reduction</p>
	<p>6.29 GRILLED CATCH OF THE DAY (ASK FOR CALS)  Ask a server for today's selection!</p>
	<p>5.99 ENTRÉE DU JOUR (ASK FOR CALS)  Ask a server for today's selection!</p>

SIDES	
<p>Fresh Fruit Cup (104 CAL) 1.09 </p>	<p>Twice Baked Potato (292) 89¢</p>
<p>Side Salad (32 CAL) 1.09 </p>	<p>Plain (102 CAL) or Sweet (104 CAL) Baked Potato 89¢</p>
<p>Avocado (125 CAL) 89¢ </p>	<p>Roasted Asparagus (63) 89¢</p>
<p>Green & Yellow Squash (194 CAL) 89¢</p>	<p>Pasta Vegetable Salad (193) 89¢</p>
<p>Sautéed Spinach (134 CAL) 89¢</p>	<p>French Fries (252 CAL) 69¢</p>
<p>Broccoli (105 CAL) 89¢</p>	<p>Sweet Potato Fries (146 CAL) 89¢</p>
	<p>Vegetable du Jour 89¢</p>

BUCKWALD'S

DINNER MENU TUESDAY—SATURDAY, 4-7PM | CLOSED SUNDAY ALL DAY AND MONDAY FOR DINNER, CALL x16130

SOUP

SOUP DU JOUR

House Made Featured Soup of the Day
Ask Your Server for Today's Selection, \$2.19 — ask server for calories

ENTRÉE SALADS

NEW

CAJUN LIME CHICKEN SALAD

Cajun Blackened Chicken Breast with Cilantro Lime Dressing, English Cucumber, Cherry Tomatoes, Red Onion, Corn and Avocado
\$6.99 (202 calories)

CAESAR

Chopped Romaine with Shredded Parmesan and Focaccia Croutons, \$3.59 (305 calories)
Add Grilled Chicken—\$6.29 (+153 calories)
Add Grilled Shrimp—\$6.79 (+223 calories)

BUCKY'S BYO

BUCKY'S BYO (BUILD YOUR OWN) STEAK BURGER

House Made Burgers Featuring Buckwald's Unique Blend of Premium Cuts of Short Rib, Brisket & Chuck, \$6.99

Choose Patty

Beef (406 calories), Turkey (240 calories) or Veggie (170 calories)

Choose Bun

Whole Wheat (250 calories), White Kaiser (266 calories), Gluten Free (232 calories)

Choose Cheese .50¢

American (47 calories), Swiss (52 calories), Cheddar (50 calories) or Blue Cheese (100 calories)

Choose Toppings .50¢

Mushrooms (28 calories), Bacon (112 calories), Onions (23 calories), Avocado (45 calories)

Choose Sauce

Mayo (34 calories), Ketchup (14 calories), Mustard (9 calories)

ALL BURGERS COME WITH LETTUCE, TOMATO, PICKLES AND ONION

ALL ADDITIONAL TOPPING ARE .50¢ EACH

BURGERS ARE COOKED TO 155°F INTERNAL TEMPERATURE BY MARICOPA COUNTY DEPT. OF HEALTH STANDARDS

SIDES

Onion Rings — 299 calories

Seasoned Fries — 197 calories

Creamy Garlic

Parmesan Orzo — 273 calories

Corn & Zucchini Sauté — 152 calories

Grilled Asparagus — 154 calories

Red Wine and Garlic Mushrooms
—61 calories

NEW Cheesy Garlic Green Beans — 238
calories

Chipotle Mashed Potatoes with
Goat Cheese & Caramelized
Shallots — 123 calories

Baked Potato — 211 calories

Baked Sweet Potato — 99 calories

All Sides—\$1.09

Add Side Salad to any order for \$1.09

***HEALTH ADVISORY: WE CHOOSE TO COOK BEEF AND LAMB TO ORDER.**

BUCKWALD'S

DINNER MENU TUESDAY—SATURDAY, 4-7PM | CLOSED SUNDAY ALL DAY AND

MONDAY FOR DINNER, CALL x16130

ENTRÉES

CAJUN PORK TENDERLOIN

A Moist and Juicy Cajun Seasoned Pork Tenderloin wrapped in Crispy Bacon and Glazed in an Apricot Dijon Sauce, \$8.99 (312 calories)

BASEBALL CUT TOP SIRLOIN

Char broiled 8oz Center Cut Top Sirloin (called a baseball cut due to its rounded shape) served with optional Béarnaise or Brandy Peppercorn Sauce, \$12.99 (467 calories)

CHICKEN PARMESAN NEW

Served with Marinara Sauce & Mozzarella Cheese, Oven Baked and served over Spaghetti, \$8.99 (408 Calories)

STUFFED FLANK STEAK NEW

Flank Steak stuffed with Spinach, Artichoke, Provolone Cheese & Cream Cheese, \$12.99 (508 calories)

CATCH

SEARED SALMON FILET

Seasoned and Seared served with a Lemon Basil Butter, \$9.99 (311 calories)

STUFFED SOLE NEW

Crab stuffed Dover Sole with a Lemon Cream Sauce, \$7.99 (631 calories)

TUSCAN STYLE STUFFED MUSHROOMS

(GLUTEN FREE)

Goat Cheese & Spinach Stuffed Portobello Mushrooms in a Creamy Sun Dried Tomato Sauce, \$6.99 (365 calories)

THE LIGHTER SIDE CREAMY ARTICHOKE & PINE NUTS PASTA

Bow Tie Pasta with Artichoke Hearts, Crème Fraiche, Lemon & Parmesan Sauce, topped with Toasted Pine Nuts & Sweet Peas, \$6.99
Gluten Free Pasta, (439 cal)
Add Chicken, \$2.69 (153 cal)
Add Grilled Shrimp, \$3.19 (223 cal)

CORDON BLEU STUFFED SHELLS NEW

Pasta Shells stuffed with Ground Chicken, Swiss Cheese, Dijon Mustard, Topped with Crispy Prosciutto and a Light White Wine Cream Sauce \$8.99 (480 calories)

CHEF'S SPECIALS

Available Wednesday—Saturday

CHEF'S BLUE PLATE: NEW

PORK SCHNITZEL

Crispy Pork Schnitzel with Onion Mustard Sauce and Creamy Garlic Orzo, \$5.99 (782 calories)

CHEF'S ACTION STATION: NEW

VEGETABLE BOLOGNESE

Bolognese Style Sauce with Mushrooms, Carrots, Celery, Garlic and Onion, over Spaghetti, \$5.99 (782 calories)

ANNOUNCEMENTS

BUCKWALD'S AND PLAZA BISTRO ORDERS ARE FOR DELIVERY AND PICKUP

BUCKWALD'S, x16130 | PLAZA BISTRO, x12908

WE ARE CLOSED ON SUNDAY ALL DAY AND MONDAYS FOR DINNER TEMPORARILY. TUESDAYS WILL FEATURE OUR REGULAR MENU LISTED ABOVE THROUGH SATURDAY.

ARIZONA GRILLE