



Find the Food and Variety you are Looking for Inside...

Enjoy Some of These Weekly Specials!

SUSHI MONDAYS @ PLAZA BISTRO
\$4.99/roll—Mondays, we feature Sushi rolls! This is a great time to try it, if you have never had it! **All ingredients are cooked (No Raw Fish).**

FISH FRY FRIDAYS @ BUCKWALD'S
\$8.99/special
We will change up the fish offered each week. This special may be ordered from Buckwald's each Friday.

PIZZA & WINGS SATURDAYS
Pizza and Wings Special now on Saturdays
(see reverse side for pricing and details).

DOWN HOME SUNDAYS
\$6.99/special—Watch The Crave for this week's offering. It is a Complete Meal at an Affordable Price!

Bistro

PLAZA BISTRO DAILY FEATURES—x12908

OPEN FOR LUNCH MONDAY—SATURDAY, 10:30AM—7PM AND SUNDAY FROM 11:30AM—7PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Soup: Albondigas (279/372 cal) Entree: Kielbasa Sausage with Sauerkraut (603 cal) Veg: Oven Roasted Asparagus (123 cal) Sushi Special (\$4.99): California Roll, Spicy Crab Roll, Vegetable Roll	Soup: Bacon Corn Chowder (175/233 cal) Entree: Country Fried Steak with Country Gravy and Mashed Potatoes (728 cal) Veg: Fried Zucchini (360 cal)	Soup: Six Bean (97/129 cal) Entree: Swiss Steak with Tomato Sauce and Twice Baked Potato (662 cal) Veg: Roasted Butternut Squash (92 cal)	Soup: Chicken and Wild Rice (96/130 cal) Entree: Chicken Piccata with Garden Rice (547 cal) Veg: Loaded Cauliflower (480 cal)	Soup: New England Clam Chowder (143/190 cal) Entree: BBQ Baby Ribs with Ranch Beans (719 cal) Veg: Roasted Root Vegetable (145 cal)	Soup: Beef Barley (149/198 cal) Entree: Chicken Bacon Spinach Pasta (688 cal) Veg: Honey Ginger Carrots (105 cal)

SUNDAY

Soup: Cream of Carrot (143/190 cal)
Entree: Salisbury Steak with Green Peas (392 cal)
Veg: Spaghetti Squash (45 cal)
Down Home Family Style Special: (\$6.99) Chicken Parmesan over Linguine with Garlic Broccoli and toasted Italian Bread.

Buckwald's

BUCKWALD'S LUNCH FEATURES—X16130




MENU FOR LUNCH ONLY | LUNCH AVAILABLE MONDAY—SATURDAY, 11AM—2PM | SEE DINNER MENU INSIDE




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH: Soup (\$2.09): Corn Chowder Entrees (\$4.89): Baked Cod Filet Florentine OR Bacon Wrapped Stuffed Pork Tenderloin Sides: Dijon Roasted Potatoes; Mashed Potatoes with Gravy; Green Peas; Fresh Steamed Broccoli Dessert: Apple Pie	LUNCH: Soup (\$2.09): Cream of Mushroom Entrees (\$4.89): Southwest Chicken Breast OR Italian Sausage Ziti Sides: Garlic Orzo; Mashed Red Potatoes and Gravy; Grilled Vegetables; Stewed Tomatoes Dessert: Banana Cream Pie	LUNCH: Soup (\$2.09): Wisconsin Cheese Entrees (\$4.89): Spaghetti with Meatballs OR Apricot Glazed Ham Sides: Scalloped Potatoes; Mashed Potatoes with Gravy; Sauteed Italian Flat Beans; Dessert: Layered Carrot Cake	LUNCH: Soup (\$2.09): Santa Fe Chicken Bean Entrees (\$4.89): Shephard's Pie OR Chicken Stir Fry Sides: Lo Mein Noodles; Mashed Potatoes with Gravy; Fresh Braised Greens; Dessert: Chocolate Cake	LUNCH: Soup (\$2.09): Seafood Chowder Entrees (\$4.89): Shrimp Newburg OR Marsala Chicken Breast Sides: Wild Rice; Mashed Potatoes with Gravy; Capri Blend Vegetables; Spaghetti Squash, Mushrooms and Tomatoes Dessert: Blueberry Pie DINNER ONLY Fish Fry Friday Dinner Special (\$8.99): Fisherman Basket-Beer Battered Cod, Shrimp, Scallops, Calamari, Waffle Potatoes, Vinagar Slaw, Tartar Sauce and Cocktail Sauce	LUNCH: Soup (\$2.09): Cream of Red Pepper Entrees (\$4.89): Braised Beef Tips OR Cheese Stuffed Shells with Alfredo Sides: Baked Yukon Gold Potatoes; Mashed Potatoes with Gravy; Baby Lima Beans; Corn with Pimentos Dessert: Italian Cake





(Sugar Free / Gluten Free Dessert Options Available Upon Request)




PLAZA BISTRO MENU: OCTOBER 19—25, 2020

DELIVERY & PRICING: x12908 | LUNCH/DINNER SERVED BETWEEN 10:30AM (SUNDAYS FROM 11:30AM) TO 7PM

SOUPS	ENTRÉE SALADS
CHILI CON CARNE  2.79cup (200 CAL)/3.49bowl (266 CAL)	6.69 ARIZONA CHICKEN & SPINACH (466 CAL) Fresh Baby Spinach Topped with Choice of Grilled Chicken Breast, Mushrooms, Candied Pecans, Raspberries, Apple and Raspberry Vinaigrette
CLASSIC CHICKEN NOODLE 2.19cup (58 CAL)/2.99bowl (77 CAL)	
SOUP DU JOUR (2.19cup/2.99bowl)  (ASK FOR CAL COUNT) <i>Made fresh daily—ask for today's selection</i>	6.29 SOUTHWESTERN CRISPY CHICKEN CHOP CHOP  (739 CAL) Romaine topped with Diced Tomato, Black Beans, Corn, Jicama, Cheddar, Radish and Breaded Chicken Pieces, finished with Cilantro Ranch

SANDWICHES	
4.59 HALF SANDWICH/CUP OF SOUP DU JOUR Choice of Smoked Turkey (128 CAL), Black Forest Ham (212 CAL), Tuna Salad (165 CAL) or Cranberry Chicken Salad (190 CAL) served with a Cup of Soup du Jour— <i>Make it a full sandwich for \$5.99, Gluten Free Bread Available</i>	4.29 MAKE YOUR OWN MELT (350 CAL) <i>Choice of:</i> <u>Bread:</u> Wheat, Sourdough, Whole Grain, Rye, Gluten Free <u>Cheese:</u> American, Cheddar, Provolone, Swiss or Pepper Jack <u>Filling:</u> Tuna (.50¢), Ham (.50¢), Turkey (.50¢), Tomato (.25¢)
3.29 GRILLED HOT DOG (374 CAL) All-Beef Frank served on a Bun; <i>Toppings: Onions, Chili, Cheese, Sauerkraut</i>	5.29 TURKEY BRUSHETTA PANINI (563 CAL)  Smoked Turkey, Provolone Cheese, Diced Tomato, Onion, Garlic and Basil on Sourdough Bread
5.49 FRENCH DIP SANDWICH (387 CAL) Served with Au Jus 	5.79 BEATITUDES BURGER 100% All Beef Patty served on a Kaiser Roll <i>All Burgers come with Lettuce (3 CAL), Tomatoes (7 CAL), Pickles (4 CAL), Onions (15 CAL) and choice of:</i> <u>Patty:</u> Beef (+390 CAL), Turkey (+289 CAL), Veggie (+140 CAL) or Charbroiled Chicken Breast (+194 CAL) <u>Bun:</u> Whole Wheat (+234 CAL), White Kaiser (+234 CAL), Gluten Free (+170 CAL) <u>Cheese:</u> American (+99 CAL), Swiss (+106 CAL), Cheddar (+114 CAL) or Blue Cheese (+100 CAL) <i>Additional Toppings are 50¢ each:</i> <u>Toppings:</u> Mushrooms (+8 CAL), Bacon (+88 CAL), Onions (+11 CAL), Avocado (+80 CAL) <u>Sauces:</u> Mayo (+50 CAL), Ketchup (+17 CAL), Mustard (+9 CAL)
5.29 PHILLY CHEESESTEAK QUESADILLA (496 CAL)  Shaved Steak, Bell Peppers, Onion and Cheddar Jack Cheese on Flour Tortillas	
4.59 B.L.T (344 CAL) Toasted Wheat Bread with Crispy Bacon, Lettuce, Tomato and Mayonnaise— <i>Add Sliced Turkey or Black Forest Ham for \$1; Gluten Free Bread Available</i>	

ENTRÉES	
4.39 OMELET YOUR WAY (423 CAL) Two Egg Omelet with Your Choice of Vegetables, Meats and Cheeses— <i>build it your way!</i>	4.99 CHICKEN FINGERS (223 CAL) Chicken Tenderloins Coated in Bread Crumbs with choice of BBQ, Ranch or Honey Mustard Dipping Sauce
5.29 ROASTED HALF CHICKEN (300 CAL)	4.79 CHEESE PIZZA (420 CAL) Traditional Crust Topped with Sauce and Mozzarella Cheese
5.79 CARVED BEEF BRISKET (511 CAL)  Seasoned Beef Brisket carved to order and served with BBQ Sauce	5.49 BBQ CHICKEN PIZZA (476 CAL)  Barbeque Sauce, Jack Cheese, Diced Chicken and Red Onion
	6.29 GRILLED CATCH OF THE DAY  (ASK FOR CALS) Ask a server for today's selection!
	5.99 ENTRÉE DU JOUR  (ASK FOR CALS) Ask a server for today's selection!

SIDES		
Fresh Fruit Cup (104 CAL).....	1.09	Steamed Carrots (54 CAL)..... 89¢
Side Salad (32 CAL).....	1.09	Country Slaw (131 Cal).....  89¢
Avocado (125 CAL).....	89¢	Baked Beans (141 Cal).....  89¢
Green & Yellow Squash (194 CAL).....	89¢	Potato Salad (151 Cal).....  89¢
Sautéed Spinach (134 CAL).....	89¢	French Fries (252 CAL)..... 69¢
Broccoli (105 CAL).....	89¢	Sweet Potato Fries (146 CAL)..... 89¢
		Plain (102 CAL) or Sweet (104 CAL) Baked Potato..... 89¢
		Onion Rings (257 CAL)..... 1.09
		Cornbread (240 CAL)..... 89¢
		Vegetable du Jour..... 89¢

BUCKWALD'S

DINNER MENU TUESDAY—SATURDAY, 4-7PM | CLOSED SUNDAY ALL DAY AND MONDAY FOR DINNER, CALL x16130

SOUP

SOUP DU JOUR

House Made Featured Soup of the Day
Ask Your Server for Today's Selection, \$2.19 — ask server for calories

ENTRÉE SALADS

NEW

APPLE PECAN FALL SALAD

Mixed Greens, Apples, Pears, Raisins, Pecans and Blue Cheese, topped with a Honey Mustard Dressing
\$5.99 (327 calories)

CAESAR

Chopped Romaine with Shredded Parmesan and Focaccia Croutons, \$3.59 (305 calories)
Add Grilled Chicken—\$6.29 (+153 calories)
Add Grilled Shrimp—\$6.79 (+223 calories)

BUCKY'S BYO

BUCKY'S BYO (BUILD YOUR OWN) STEAK BURGER

House Made Burgers Featuring Buckwald's Unique Blend of Premium Cuts of Short Rib, Brisket & Chuck, \$6.99

Choose Patty

Beef (406 calories), Turkey (240 calories) or Veggie (170 calories)

Choose Bun

Whole Wheat (250 calories), White Kaiser (266 calories), Gluten Free (232 calories)

Choose Cheese .50¢

American (47 calories), Swiss (52 calories), Cheddar (50 calories) or Blue Cheese (100 calories)

Choose Toppings .50¢

Mushrooms (28 calories), Bacon (112 calories), Onions (23 calories), Avocado (45 calories)

Choose Sauce

Mayo (34 calories), Ketchup (14 calories), Mustard (9 calories)

ALL BURGERS COME WITH LETTUCE, TOMATO, PICKLES AND ONION

ALL ADDITIONAL TOPPING ARE .50¢ EACH

BURGERS ARE COOKED TO 155°F INTERNAL TEMPERATURE BY MARICOPA COUNTY DEPT. OF HEALTH STANDARDS

SIDES

Onion Rings — 299 calories

Seasoned Fries — 197 calories

Creamy Garlic

Parmesan Orzo — 273 calories

Corn & Zucchini Sauté — 152 calories

Grilled Asparagus — 154 calories

Red Wine and Garlic Mushrooms
—61 calories

NEW Chopped Grilled Vegetables—195
calories

Chipotle Mashed Potatoes with
Goat Cheese & Caramelized
Shallots — 123 calories

Baked Potato— 211 calories

Baked Sweet Potato— 99 calories

All Sides—\$1.09

Add Side Salad to any order for \$1.09

***HEALTH ADVISORY: WE CHOOSE TO COOK BEEF AND LAMB TO ORDER.**

BUCKWALD'S

DINNER MENU TUESDAY—SATURDAY, 4-7PM | CLOSED SUNDAY ALL DAY AND
MONDAY FOR DINNER, CALL x16130

ENTRÉES

CAJUN PORK TENDERLOIN

A Moist and Juicy Cajun Seasoned Pork Tenderloin wrapped in Crispy Bacon and Glazed in an Apricot Dijon Sauce,
\$8.99 (312 calories)

BASEBALL CUT TOP SIRLOIN

Char broiled 8oz Center Cut Top Sirloin (called a baseball cut due to its rounded shape) served with optional Béarnaise or Brandy Peppercorn Sauce,
\$12.99 (467 calories)

BOURBON CHICKEN

Marinated in Ginger, Soy, Whiskey Brown Sugar, Rice Vinegar & served over Rice, \$8.99 (620 Calories)

STEAK MARSALA

Topped with Mushrooms, Thyme, Beef Stock, Marsala Wine & Heavy Cream Sauce, \$11.99 (762 calories)

CATCH

SEARED SALMON FILET

Seasoned and Seared served with a Lemon Basil Butter,
\$9.99 (311 calories)

SALMON CAKES

Crispy Salmon Cakes with Lemon Zest, Capers and Light Tartar Sauce made with Greek Yogurt,
\$9.99 (376 calories)

TUSCAN STYLE STUFFED MUSHROOMS

(GLUTEN FREE)

Goat Cheese & Spinach Stuffed Portobello Mushrooms in a Creamy Sun Dried Tomato Sauce, \$6.99 (365 calories)

THE LIGHTER SIDE CREAMY ARTICHOKE & PINE NUTS PASTA

Bow Tie Pasta with Artichoke Hearts, Crème Fraiche, Lemon & Parmesan Sauce, topped with Toasted Pine Nuts & Sweet Peas, \$6.99
Gluten Free Pasta, (439 cal)
Add Chicken, \$2.69 (153 cal)
Add Grilled Shrimp, \$3.19 (223 cal)

CHIPOTLE CHICKEN LETTUCE WRAPS

Romaine Leaves, Chipotle Chicken, Red Onion, Avocado Chunks, Cucumber and Cherry Tomatoes, with a smooth Lime Sauce
\$7.99 (400 calories)

CHEF'S SPECIALS

Available Wednesday—Saturday

CHEF'S BLUE PLATE: PORK TENDERLOIN

Fresh Pork Tenderloin stuffed with Dried Cherries, Spinach, Onion, & Orange Zest, over Yukon Gold Mashed Potatoes,
\$5.99 (597 calories)

CHEF'S ACTION STATION:

SWEET POTATO, CHICKPEA & SPINACH CURRY

Yellow Curry Paste, Coconut Milk, Sweet Potato, Diced Onion, Bell Pepper, Baby Spinach, Chickpeas, crushed Garlic, served with Steamed Rice,
\$6.99 (456 calories)

ANNOUNCEMENTS

BUCKWALD'S AND PLAZA BISTRO ORDERS ARE FOR DELIVERY AND PICKUP

BUCKWALD'S, x16130 | PLAZA BISTRO, x12908

WE ARE CLOSED ON SUNDAY ALL DAY AND MONDAYS FOR DINNER TEMPORARILY. TUESDAYS WILL FEATURE OUR REGULAR MENU LISTED ABOVE THROUGH SATURDAY.