



Roadrunner

HISTORICAL WEEKLY NEWSLETTER OF BEATITUDES CAMPUS, SINCE 1965

NEW RESIDENTS!

OCT 17



Rachel Zemer, PH1019

HAPPY BIRTHDAY!

- 19th—Joyce Geller
Connie Ostenak
- 20th—Bob Seltz
Kathy Washburn
- 21st—Carlton St.
Bernard
- 23rd—Sandi Britton
Robert Johnson
Pam Piller
- 24th—Marie Paciaroni
- 25th—Helen Hopkins
Mary Lou Renfrow
Charlie Schulz

State of the Campus

Michelle Just,
President & CEO



With 11 days to go before the presidential election on November 3, it's hard to ignore the voices of the media, our neighbors and friends who are expressing distrust and discontentment in the days leading up to the election. This year, the decisions that we will make, as American citizens, will reverberate for a generation to come, through all three branches of American government and across the world. The election of our future president in November represents one of the starkest choices between two competing visions for the nation's future. Your vote will help determine the course of our country. I urge you to let your voice be heard. As Martin Luther King, Jr. said, "Our lives begin to end the day we become silent about things that matter." Your voice is your vote.

We are helping our residents use their voice and vote by arranging continuous transportation to early voting sites today and next Friday, October 30. We are urging our residents who want to vote in person to avoid the large crowds and vote early. Residents may call our Transportation Office to arrange a ride to the early voting sites. Of course, we are encouraging face coverings, social distancing and hand hygiene while at the voting sites. In our Plaza View Assisted Living and Early Memory Support neighborhoods, officials from the Office of Maricopa County Recorder, Adrian Fontes, came to the campus two weeks ago to assist those residents who needed help with voter registration and to help those who had difficulty filling out their ballots, either due to cognitive issues or physical limitations. They provided a safe and secure environment on campus so that

our residents could have the opportunity to have their voices heard through voting while under COVID-19 restrictions.

On another note, Arizona is seeing a rise in COVID-19 cases. Dr. Cara Christ, director of the Arizona Department of Health Services, said that Arizona is at a pivotal moment for COVID-19 and reminds everyone to be mindful of wearing masks, keeping a social distance, avoiding crowds and washing hands often. Although the cases seen today in Arizona are not at the level of our spikes in June and July, the number of cases is trending upward and need to be taken seriously. Here, at Beatitudes Campus, we received word of resident in Independent Living (Plaza South), who is positive for COVID-19 and is currently in the hospital being treated. Contact tracing of staff and residents who may have had contact with the resident is being conducted. On Tuesday, October 20, we tested 370 staff and contractors, and out of those 370, 359 were negative and the remaining 11 needed to be retested as their samples were damaged in transit. We retested nine people today and expect the results by this evening. If the remaining come back negative this evening, this will be the third week in a row that all results were negative.

The expanded visitation and staged re-openings we have had in the past few weeks are going well for all areas of our campus. We continuously monitor the coronavirus metrics in our community, so that we can pivot if we need to in order to keep our Beatitudes community of residents, staff and families safe. In the next week

Continued on reverse...

COVID-19 CASES DASHBOARD

BEATITUDES CAMPUS RESIDENT COVID-19 CASES

	Active	Recovered	Deaths	Total
Skilled Nursing/Advanced Memory Support Residents	0	11	7	18
Assisted Living/Early Memory Support/Plaza View Residents	0	13	2	15
Independent Living Residents	1	5	2	8
TOTAL CASES	1	29	11	41

BEATITUDES CAMPUS STAFF COVID-19 CASES

	Active	Recovered	Deaths	Total
Health Care Center - Direct Health Care Staff	0	22	0	22
Health Care Center - Support Staff	0	10	0	10
Assisted Living/Early Memory Support/Plaza View - Direct Health Care Staff	0	11	1	12
Assisted Living/Early Memory Support/Plaza View Support Staff	0	4	0	4
Independent Living Staff (Administration/Home Services/Support Staff)	0	15	0	15
Contracted Health Care Workers	0	2	0	2
TOTAL CASES	0	64	1	65

**PRAYER REQUESTS,
X15186
DIAL-A-PRAYER,
X15187**

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Beatitudes Campus is a
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founded by Church of the
Beatitudes

STATE OF THE CAMPUS—CONTINUED

or two, we will present our guidelines for holiday celebrations.

Please reach out to BeWell@BeatitudesCampus.org if you have any questions or need clarification of anything. We

appreciate that our entire community is working together as we navigate through our world.

ARE YOU A MEMBER? SIGN UP TODAY! WWW.BCCREW.NET

Residents, be sure you're a part of our online community by registering at www.bccrew.net!

Receive updates on what's happening around campus, connect with other residents and join your building's group to discuss building news and updates among your neighbors.

You'll also find the phone directory and game finder where you can see who wants to play what games. Make new friends today! Visit bccrew.net!

NOTICE: You MUST use a legitimate email address to sign up as you will NOT be able to complete registration without one. Administrators will not approve your account if they do not know who you are. You will receive a verification link via email to validate your email address.

SLOW TO SPEAK

Rev. Andrew Moore, Associate Chaplain

As I have been doing some preliminary reading and preparation for our upcoming **Bible Study on the Book of Proverbs** (which you can watch on **Channel 1-2, 3:00pm, beginning on Wednesday, October 28th**), one verse stood out to me, particularly when rendered in contemporary language: "You will say the wrong thing if you talk too much - so be sensible and watch what you say" (Prov. 10:19). A pertinent teaching for our times indeed, when the popular opinion would seem to be that repetition and added volume magically impart legitimacy to what is being said. That proverb is not alone in its caution against the needless surplus of words. As the Book of Ecclesiastes so poetically puts it; "as a dream comes through many cares, so the speech of a fool comes with many words". Clearly when it comes to what we say, quality indeed counts over quantity. Those of you who find yourselves listening to my sermons will

be glad to know I am taking note!
Building upon this reminder of the importance of mindful and focused speech, The Letter of James helps us to understand what that looks like in a practical sense "Everyone should be quick to listen, slow to speak, and slow to anger" (1:19). Commentating on this, Abbot Philip Lawrence from the monastery of Christ In The Desert, NM, writes "we need to become persons who are aware of the power of words. Words shape us and form us. Words direct our attention and our energies. Words can build up and they can tear down. Even a word of truth can be destructive when it is not uttered in charity and true love".
The same is true with our written words also. The art of pairing down the number of written words to express depths of emotion and expression has long been perfected with the Japanese poetic form known as Haiku. Traditional and structured, this form is known for

its rule of 5/7/5: five syllables in the first line, seven in the second, and five again in the third. Haikus are known for their ability to paint a vivid picture in just a few words. Their depth and brevity practice are a result of the artistic discipline forcing writers to pare down to only the essentials—making each word, or even syllable, count. Just as with the spoken word, there is a spiritual and reflective vitality in the considered use of the written word. Consider how much is expressed with these examples; "Picking autumn plums / my wrinkled hands / once again grow fragrant" or, "one simple pleasure / a bitter kiss on my lips / good morning coffee"
Beauty, simplicity, insight, love – all conveyed in just a few words as an invitation to allow others to contemplate the same. Do your words make that same invitation to others?
Speak well and carefully / Boldly in love and hope / Living in that echo.

TRANSPORTATION UPDATES

Due to current, safety and health concerns, campus transportation has reverted to Safeway for our weekly shopping trips and will continue with them until further notice. Some of the reasons we switched from Fry's to Safeway are issues with safety, unwanted solicitation around the entrance to the store, lack of available assistance from employees/management, constant unavailable carts to use and most importantly cleanliness during our current Covid19 pandemic.
On 10/20/2020 it was announced publicly that Fry's

Corporation has ended the sanitizing of their shopping carts, stating that there are wipes available for customers to do it themselves. On 10/21/2020 I was informed by a Fry's employee that "our" Fry's hasn't been sanitizing the carts for months.
On 10/22/2020 it was brought to my attention by a resident that while shopping at Fry's they witnessed 13 or more employees and customers without masks on while the overhead PA system simultaneously was announcing that "everyone must wear a mask". When they approached staff to ask

why they were not wearing masks they were told that management does not mandate it because they don't want to deal with any conflict among those who choose not to wear them.
Safeway, on the other hand, has been very sanitary, staff has been more than willing to assist and the environment in itself is much safer. Shopping carts are always readily available and you can always see a staff member wiping them down after each use. We encourage you, if you have not already, to take a trip to Safeway and experience the benefits that this store has to

offer.
Seating on the bus for grocery trips will still be limited until further notice so be sure to call in your reservation to X12905. Also please keep "social distancing" while entering and exiting the bus as well as when waiting to retrieve your groceries. If you are using this service and plan on writing a check at Safeway, please be sure to take your photo ID as it will be required. In general when out in public please be aware of your surroundings, practice social distancing, wear your mask at all times and wash your hands frequently if possible.