

# Independent Living Guidelines for Visiting Family, Friends and Volunteers



**Effective Monday, November 9, 2020**

We are happy to be welcoming our residents' loved ones and certain off campus volunteers back to Beatitudes Campus for friendly visits and volunteer work. In our efforts to continue to best ensure the safety of our community in the midst of the ongoing COVID-19 pandemic, we ask that you carefully consider the following guidelines and only visit if you are able to adhere to the regulations below.

**IF YOU, RESIDENT OR VISITOR, EXHIBIT ANY SYMPTOMS, ARE COVID POSITIVE OR HAVE HAD ANY KNOWN CONTACT WITH AN INDIVIDUAL WHO IS COVID POSITIVE IN THE LAST TWO WEEKS, WE TRUST YOU WILL UNDERSTAND THAT VISITS AT THIS TIME ARE NOT RECOMMENDED OR PERMITTED.**

- COVID SYMPTOMS:
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Unusual fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea

Before planning visits to Beatitudes Campus, please consider the potential for external exposure to COVID-19 and the risk one may pose to loved ones and others at Beatitudes Campus. In the last two weeks:

- Have you been strictly social distancing and wearing a mask when out in public?
- Have you gathered in any groups larger than 10?
- Have you been in close contact with others who may be at risk of exposure?

**While not required, we strongly recommend a negative COVID test less than 48 hours old.**

After careful consideration, if you choose to invite/visit your loved one, please adhere to the following procedures while on Beatitudes Campus:

- Residents may have two visitations per week. No more than two family members/friends may visit loved ones at a time during visitation.
  - Grocery/package deliveries by a family member or friend and entering the apartment count as a visit.
  - Grocery/package deliveries by a family member or a friend dropped off at the door do not count as a visit, but a visitor attestation form must still be submitted each time.
- Essential family caregivers are still permitted to visit as needed but must submit a visitor attestation form each visit.
- No children under age 18 may visit the campus at present.
- Residents, family and friends must wear a mask at all times on the campus. Visitors must provide their own mask, which cannot be a handkerchief, bandana, neck gaiter or vented face covering. N95 masks, surgical masks or 3-ply cloth masks are recommended.
- Visitors must complete and submit a visitor attestation form and be screened when entering campus, then proceed directly to their loved one's apartment. Visits to any other apartments are not permitted.
- No visiting in in-door common areas (i.e., lobbies, dining rooms, etc.).
- Resident and visitor(s) may dine on Elaine's Patio, reservation is required.
- Please maintain at least a six-foot distance from residents and staff, including your loved one, while visiting the property.
- When entering a building, use the hand sanitizer provided at the entrance. We also suggest carrying your own.
- Only one person (or a couple) is permitted on the elevator at a time.
- Everyone should wash hands immediately upon entering the apartment and again before leaving.
- Clergy/pastoral care visits are also permitted, and do not count towards the twice weekly visitation.
- Prolonged exposure indoors also increases the risk of COVID-19 spread. Minimize the length of your visits, and when possible, consider sitting on the apartment patio or outside of the building to talk, rather than visiting inside.

**Failure to comply with Beatitudes Campus independent living visitation policies will result in revocation of visitation/volunteer privileges.**