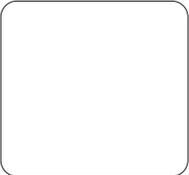


NEW RESIDENTS!

OCT 30



Carlotta Keeler, CPS1103



Geraldine (Geri) Rosato, CPS4111

HAPPY BIRTHDAY!

- 9th—Nedra Day
- 10th—Sue Lefebvre
- 11th—Phil Adelman
- 12th—Bobbie Kraver
- 13th—Richard Stemer
- 14th—Bette Henriques
Stephen Mullins

State of the Campus

Michelle Just,
President & CEO



This past week, in particular, has been an anxious and stressful time for all of us. We are still awaiting results of a contentious presidential election and coronavirus cases are surging throughout the country. Everything seems to be uncertain and we feel like we have no control. Who will be our next president? When will we be able to control the pandemic? I know that my team and I have felt the pressure of all this uncertainty, so we are focusing not on the uncertainty but on what we can control. We are trying to take care of our bodies, minds and spirits and ensuring that we connect with others. Some of us are taking longer than usual walks, some of us are meditating or doing yoga, some of us are counting our blessings and all of us are just making sure we breathe. We are all supporting each other and reaching out a little bit more often to our friends and families. We all try to practice gratitude for our loved ones and life in general. If you are feeling stressed and anxious, make sure you reach out to your family and friends. Call your neighbors to make sure they are OK. Just connecting with others will make you feel less overwhelmed.

Next Wednesday, November 11, we are saluting our veterans on campus and we invite you to join us by making a short video on your phone and uploading it here: <https://bccrew.net/video-upload/>. The veterans who live on the campus fought for the freedom we now enjoy. We want to recognize our residents and thank them for their service. We are very fortunate to live in the world in which we do, and our way of life and

the democracy that we enjoy can be directly attributed to the service of our veterans. We want you to help us thank them for their sacrifice. We will put all the videos into one, and it will be available on Veteran's Day on our YouTube Channel and on the Campus Community Channel.

Our staged re-openings throughout campus have been going well. The Bistro is seeing increased use since we re-opened for limited dining for Independent Living (IL) residents only. Please remember that only IL residents or an IL resident and their professional caregiver can take advantage of the indoor dining at this time and reservations must be made. If IL residents want to eat with a family member, we will have outdoor seating available at the Bistro. Please note that only IL residents can enter the Bistro and order the meals. Earlier this week, we expanded the seating to tables for two or four so IL residents are able to eat with neighbors.

I know that you are all thinking about the holidays and trying to plan what you are wanting to do. Next week, we will provide you with guidance and the holiday plans that the campus will make for residents. I am sure you understand when I share that we will not be holding our typical large holiday meals for families to join. I urge you to start planning and thinking about how you will take precautions throughout the season, such as social distancing, outdoor vs. indoor gatherings, small group gatherings instead of large ones.

Continued on page 4...

**PRAYER REQUESTS,
X15186
DIAL-A-PRAYER,
X15187**

A publication from
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Beatitudes Campus is a
Life Plan Community and
a not-for-profit ministry
founded by Church of the
Beatitudes

BEATITUDES CAMPUS RESIDENT COVID-19 CASES

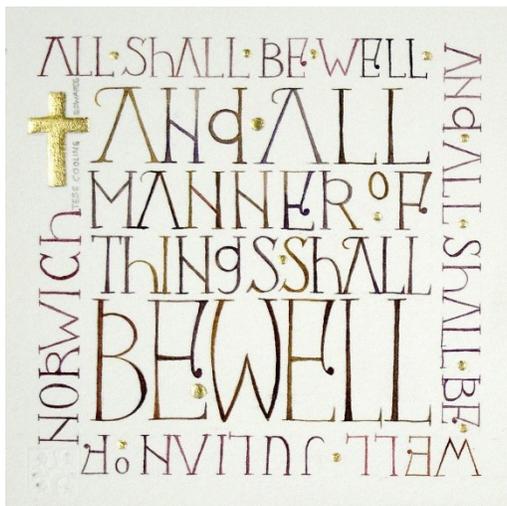
2020-11-06

	Active	Recovered	Deaths	Total
Skilled Nursing/Advanced Memory Support Residents	0	11	7	18
Assisted Living/Early Memory Support/Plaza View Residents	0	13	2	15
Independent Living Residents	1	5	2	8
TOTAL CASES	1	29	11	41

BEATITUDES CAMPUS STAFF COVID-19 CASES

	Active	Recovered	Deaths	Total
Health Care Center - Direct Health Care Staff	0	22	0	22
Health Care Center - Support Staff	0	10	0	10
Assisted Living/Early Memory Support/Plaza View - Direct Health Care Staff	0	11	1	12
Assisted Living/Early Memory Support/Plaza View Support Staff	2	4	0	6
Independent Living Staff (Administration/Home Services/Support Staff)	1	15	0	16
Contracted Health Care Workers	0	2	0	2
TOTAL CASES	3	64	1	68

In March 1946, British journalist Alistair Cooke began what became a seminal radio broadcast for the BBC. His 'Letter from America' continued for more than 2,860 broadcasts, ending in 2004. Week by week for almost 60 years Cooke wrote and recorded his topical thoughts and observations, ranging from his encounters with Presidents to the everyman, entertaining and informing millions of listeners around the world. His moving evocation of the events of September 11 and its aftermath remains essential reading, while his recollections of holidays and sporting events remind us of Cooke's delight in the pleasures of everyday life. I was an avid listener, and today a well-worn collection of transcripts from those broadcasts sits on my desk which I have been re-reading recently while wondering what his 'Letter from America' would include this week. Reading his reflections on some of the most difficult and tumultuous times in twentieth century American history, provided me with a timely reminder. No matter how difficult and unclear our



times may currently feel, these things too shall pass.

There are many reasons why often we are unable to remember that truth, and so once again during these past days I have turned to a relatively obscure fourteenth century mystic for help. Julian of Norwich (named after the church in which she lived) lived a life of solitary reflection and prayer at a time when the church was divided, communities were

imploding and death was indiscriminate. Yet in the midst of this chaos she wrote a calm, optimistic and loving book, 'Revelations of Divine Love'.

As Joanna Pidcock recently wrote 'Julian's writing, and contemporary accounts of discussions that she had with various people, all point to her unfailing optimism in times of adversity and isolation—something that feels pertinent for many of us at the moment. Her legacy is about faithfulness in the face of turmoil and truly believing, as she wrote, that "all shall be well, and all shall be well, and all manner of things shall be well."'

Perhaps those famous words of Julian's are a mantra for us all to repeat.

The 19th century poet Oscar Wilde is said to have added another line to Julian of Norwich's famous words - 'and if it isn't well, then it's still not the end'. And so we go on, knowing that God is with us and that despite evidence to the contrary, all shall be well.

WELLNESS CENTER UPDATES

Many of you are wondering when our Medical Providers might be returning to the Wellness Center (WC) for your services. As a response to infection entering our campus, we have converted classrooms in the Agelink building to become a COVID-unit, which meant 4 departments in that building needed to be relocated. Two of these departments were moved into the WC offices. What we had hoped would be a short-term solution has turned into a long-term situation. That being said, however, we are trying our best to find better suited space; both for our own benefit but also to be able to reopen the WC.

We know you miss seeing some of your providers who do not have a mobile clinic or are not able to make house-calls to meet your needs. Unfortunately, I have absolutely no time frame to offer you as to when the WC will reopen and I am so sorry about that! In the meantime, please know that any medical provider is welcome to come to your home at this time, provided they follow proper guidelines such as hand washing, wearing a mask and careful sanitation.

You can still find the WC providers' names and phone numbers in your Campus Directory, which was recently updated and delivered to your door. For additional questions or assistance, please reach out to me at x18490.

Gabi Holberg

ARE YOU A MEMBER? SIGN UP TODAY! WWW.BCCREW.NET



Residents, be sure you're a part of our online community by registering at www.bccrew.net! Receive updates on what's happening around campus, connect with other residents and join your building's group to discuss building news and updates among your neighbors. You'll also find the phone directory and game finder where you can see who wants to play what games. Make new friends today! Visit bccrew.net!

NOTICE: You MUST use a legitimate email address to sign up as you will NOT be able to complete registration without one. Administrators will not approve your account if they do not know who you are. You will receive a verification link via email to validate your email address.