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Roadrunner

HISTORICAL WEEKLY NEWSLETTER OF BEATITUDES CAMPUS, SINCE 1965

NEW RESIDENTS!

DEC 3



Ernie Lofthouse, S221

DEC 4



Audrey Kaasa, CPS2105

Dorothy Ward, N241

DEC 8



Georgia Lizzul, N555

HAPPY BIRTHDAY!

- 14th—Lee Graham
Helen Mariscal
- 16th—Donna Henry
Fran Oleksak
- 18th—Doug Dunipace
Ann Malinski
Jane Smith



**PRAYER REQUESTS,
X15186
DIAL-A-PRAYER,
X15187**

A publication from
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www.bcampus.org/rr

Beatitudes Campus is a
Life Plan Community and
a not-for-profit ministry
founded by Church of the
Beatitudes

State of the Campus

Michelle Just,
President & CEO



Since the beginning of the COVID-19 pandemic, we have come together as a community to protect our residents, staff and community. You have heard the good news that an efficacious vaccine that will protect us against a coronavirus infection should be available very soon. As we approach the opportunity to be immunized against the coronavirus, let us not forget that 291,403 Americans have lost their lives to this virus; 7,154 of these were Arizonans. In fact, Arizona now has the highest transmission rate of COVID-19 in the country, with the average infected person now passing along the disease to 1.22 people. A vaccine will help us save lives in the future and allow us to turn the page on this deadly virus.

I want to assure you that the team and I are in contact with the Arizona Department of Health Services, the Maricopa County Department of Public Health, as well as CVS (with whom we have partnered for our vaccine clinics) as these three agencies are responsible for the distribution of the vaccine when it arrives in Arizona. The plan for distribution of the vaccine is still fluid, but what we are told now is that residents and staff in our Health Care Center will be among the first to receive the vaccine, followed by residents and staff in Assisted Living and then Independent Living. We know that misinformation and fear can sometimes spread more virulently than the virus itself, so right now, we are in the process of

compiling critical information that we will send to you and post on our website about the vaccine itself, about the plans for the vaccination process, and about specific plans for Beatitudes Campus. We will share the benefits and risks of the vaccine so that you can make an informed decision for yourself. As always, our top priority is the health and safety of our residents and staff.

On Monday, December 7, we tested 273 staff and contractors for COVID-19. We received 272 negative results and one positive result. This staff person who was positive works in maintenance, and contact tracing for possible exposure has been completed. We send our prayers for recovery to this staff person.

We are committed to following the facts and science as the COVID-19 vaccines are evaluated and distributed. Until our country has been broadly immunized, I urge you to continue protecting yourself and others by wearing a mask, washing your hands, keeping a social distance from others. These actions remain essential.

Know that your health and safety continue to remain our top priority and we will get through this together. Stay well.

My best,

Michelle Just, President and CEO

COVID-19 DASHBOARD

2020-12-11

BEATITUDES CAMPUS RESIDENT COVID-19 CASES				
	Active	Recovered	Deaths	Total
Skilled Nursing/Advanced Memory Support Residents	0	11	7	18
Assisted Living/Early Memory Support/Plaza View Residents	0	13	2	15
Independent Living Residents	0	6	2	8
TOTAL CASES	0	30	11	41
BEATITUDES CAMPUS STAFF COVID-19 CASES				
	Active	Recovered	Deaths	Total
Health Care Center - Direct Health Care Staff	0	23	0	23
Health Care Center - Support Staff	0	10	0	10
Assisted Living/Early Memory Support/Plaza View - Direct Health Care Staff	0	11	1	12
Assisted Living/Early Memory Support/Plaza View Support Staff	0	6	0	6
Independent Living Staff (Administration/Home Services/Support Staff)	1	17	0	18
Contracted Health Care Workers	0	2	0	2
TOTAL CASES	1	69	1	71

Happy Hannukah! This year the festival of Hannukah began this past Thursday (12/10), and I hope that you have all managed to see at least one of the many menorahs across our Campus, adding beautifully to our holiday decorations. The story of Hannukah is rich in meaning and memory, with a pertinent message for us to reflect upon today. Lasting eight-days this "festival of lights" is marked each evening by the lighting of another candle on a menorah, as well as by special prayers and the eating of some delicious fried foods!

During the Second Century BCE, the land of the Israelites was ruled by the Seleucids (Syrian-Greeks) who as a part of their occupation had attempted to force the people of Israel to accept Greek culture and beliefs, and who had also converted the Temple in Jerusalem for their own use. Against the odds, a small band of Jews led by Judah the Maccabee defeated the occupiers, reclaimed the Temple in and rededicated it to the service of God. When the Maccabees went to relight lit the Temple's menorah, they found just one flask of olive oil that had escaped contamination while the temple had been used for pagan sacrifices. Miraculously, that one-day supply of oil fueled the seven branch candlestick for eight days, which

allowed for more oil to be sourced and consecrated. Because of that miracle, at the heart of this festival is the nightly menorah lighting. The menorah candelabra holds nine flames, one of which is used to kindle the other eight lights. Each night during the festival another candle is lit, and and by the eighth night of Hannukah, all eight lights are kindled. Our menorahs here on Campus are electric, but the symbolism remains the same.

Since the Hannukah miracle focuses on oil, it is customary to eat foods fried in oil as a part of the celebrations. The Eastern-European classic is the potato *latke* (pancake) garnished with applesauce or sour cream, and an ever popular favorite is the jelly-filled *sufganya* (doughnut), both of which are available from the Bistro (from the week beginning 12/14) alongside some other Hannukah foods so that we can all enjoy those holiday traditions together.

The festival of Hanukah represents many things. It reminds us of the importance of the freedom to worship each as we choose without that right being infringed upon by others. It reminds us of how God's providence can astound us when we least expect it. It reminds us that the light of presence

and hope burns brightly by faith even amongst the darkness of difficulty.

Marla Baker wrote a prayer which I think illustrates this perfectly, especially during this difficult year for us all; *"Creator of All and Rock of Ages, In the dark of night, at the darkest time of year we light candles in remembrance of the miracle, one more each night until there are eight. Creator of All and Rock of Ages, too many lights have been extinguished. The world has grown too dark. Creator of Light and Dark, Teach us once more to see into the shadows, To shed our light in all the dark corners and to create holy sparks for all humankind so that once more we can say It is very good."*

May it be so for us all as we share in the blessing of the light.



COMMUNITY CORNER: OPEN AMENITIES AT THIS TIME

COMMUNITY CORNER: THE FOLLOWING AMENITIES ARE OPEN TO RESIDENTS AT THIS TIME

Resident Lobbies

Hours: All Day (Maximum 4 residents) Residents may play games (Ex: bridge) in groups but are asked to sanitize hands and wear masks at all times. Building lobby Christmas tree drop off will be on Monday, November 30th. Please call x18492 if you have any questions.

Resident Apartments

Residents may gather in groups of four in individual apartments. Residents are asked to sanitize hands and wear masks at all times.

Visitor Guidelines

Residents in IL may now have two visits per week and up to two people may come during that visit. Visitors must have a completed visitor form to visit campus.

Life Center Walking

Hours: Open Daily 7-10AM (Limit 3 households) Masks are required. On Tuesday's please limit walkers to two at a time due to Employee COVID Testing.

Fitness Center

Now open 7 days a week
Hours Open: 8-11AM & 1-3PM (Maximum 4 residents)

Fitness Classes

Fitness classes with Mike take place at 1:00PM on Mondays, Wednesdays, & Fridays in the Recreation Center.

Classes are limited to 10 people by appointment. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required.

Water Aerobics

is starting Thursday 11/19 at 8:30AM. Classes will take place every Tuesday & Thursday. Class size is limited to five residents in the pool. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required on the pool deck but will not be worn in the pool. Social distancing will be strictly enforced.

Swimming Pool

Hours: All Day (Maximum 4 residents)

Bocce Ball Court

Open seven days a week from 6-8:30AM with a limit of four persons at a time.

Practice safe social distancing while playing and masks must be worn.

Physical Therapy Clinic

The Oasis Physical Therapy clinic on campus is open. Call x16153 for details and to schedule an appointment.

Library

Hours Open: Monday through Saturday from 1PM-3PM. Masks are required.

Salon Services

Campus salons are open for business Monday-Friday by appointment only. Call x16129 to reach the Plaza North Salon or x16193 for the Town Plaza Salon.

Dining Services

COMMUNITY CORNER—CONTINUED

Bistro and Buckwald's orders may be picked up in person.

- You must call in your order at x12908 (Bistro) or x16130 (Buckwald's) prior to pick-up. Masks are required.
- You may do a little shopping in the grab and go and convenience store area for some groceries, ice cream, sandwiches, salads, and bottled beverages. There are signs on the floor throughout to help you maintain social distancing.

The Bistro is also open with limited dine-in seating (up to 4 per table) for breakfast, lunch, and dinner. Off-Campus visitors/caregivers may not dine-in with residents, but residents and visitors may dine together outdoors. Residents must place the order inside the Bistro for guests dining with them outdoors, as off-campus guests are not permitted in the Bistro at this time.

- You must make a reservation in advance by calling x12908
- No outside guests (friends or family) may dine-in at this time

Bistro and Buckwald's deliveries are still being offered free of charge.

Grocery Shopping

Campus provided transportation for shopping to Safeway is now available for Independent Living residents

- Safeway shopping days are Tuesday, Wednesday, and Thursday. First come first served.
- Call x12905 24 hours in advance and you will be assigned a shopping time. (Times begin at 8AM.)
- Masks must be worn at all times when using campus transportation.

Starting Monday November 30th, Life Enrichment will no longer be grocery shopping. However, assistance is available to facilitate online grocery shopping and delivery. Call x12905 and leave your name and number for assistance with online shopping. You will receive a call back to discuss online shopping assistance. You do not need to have a computer or internet access to utilize this service.

Gift Shop

Beginning in December, the gift shop will be open every Tuesday and Thursday from 9am to 2pm with a limit of five shoppers in the store at all times. Sales promotions will be featured on Channel 1-1.

Backstreet Boutique

Open Tuesdays and Fridays from 8AM – 12PM. Call x16172 for a ride or for Boutique information.

Buzy Bees Virtual Craft Sale

- Turn TV to Channel 1-2 every Saturday and Sunday at 2PM and shop from home.
- If you like an item, call the number listed and it will be delivered to you.

Spiritual Life

Distribution of Holy Communion

- Independent Living residents are invited to attend the Friday Prayer & Praise worship service at 10AM where communion will be offered. Please call x16109 to reserve your place
- Assisted Living residents are invited to receive communion in Plaza View Lounge on Wednesdays between 1-2PM.

Attendance at Off Campus Worship

- Call Chaplain Peggy at x16109 for more

information regarding your faith community protocols for in-person worship

Catholic Mass Sunday at 10:00 AM

- Call Chaplain Peggy at x16109 if you are interested in attending Catholic Mass in the Life Center.
- In person attendance at Mass will be limited to 20 and all safety precautions will be observed
- You will be contacted regarding the week of the month that your seat is reserved
- Sunday Obligation is not mandatory
- Communion will continue to be distributed at resident apartments for those not attending Mass

Friday Prayer & Praise Worship 10:00 AM

- Call Chaplain Peggy at x16109 if you are interested in attending a service of Prayer & Praise including Holy Communion
- In person attendance at Worship in the Life Center will be limited to 20 and all safety precautions will be observed
- You will be contacted regarding the week of the month that your seat is reserved
- Sunday service will continue to be recorded for viewing on Sunday at 3PM and Tuesday at 3PM

Quiet Room

- The Life Center Quiet Room will be open for use on weekdays. Those wishing to make use of this space may contact Kimberly Bravo, Spiritual Life Admin Assistant, ext. x18465.

Bible study with the Chaplains

- Wednesdays 10AM in the Life Center. Limited to 20 people. Call Kimberly at x18465 to reserve your seat.

Life Long Learners

- Two courses in progress: Construction and Intermediate Zoom.
- Residents with low vision may call x15362 for further details

Readers Theater

- We are looking for six readers for parts in the next Beatitudes Readers Theater Production of Dagnet. Contact Robert at x15053 if you are interested in participating. Dagnet will be broadcast on December 19th, at 2PM and 4PM.

Support Groups

- Mental Health Peer Support Group (for Plaza View residents only) meets on Mondays weekly at 1PM in the Plaza View Lounge (socially distanced with masks)
- Parkinson's Support Group every 1st Wednesday at 3PM in the Life Center Boardrooms.
 - In person attendance is limited to 15 people (socially distanced with masks) -OR-
 - Join us over the phone by dialing x15171 (landline) or 602-544-5171 (cellphone)
- Better Breathers Lung Health Support Group every 2nd Monday at 3:30PM
 - This group does not meet in person. Join us over the phone by calling 602-

Continued on reverse...

**TUNE IN TO
BEINSPIRED LIVE!
CHANNEL 1-2 ON
YOUR TELEVISIONS
FOR UPDATES, NEWS
AND INFO FROM
YOUR STAFF.**



CANCELLING THE GRINCH PARADE!



CHANNEL 1-2 SCHEDULE

*This schedule is
subject to change.*

**LIFE ENRICHMENT
DAILY, 9:00AM**

**SYMPHONIC MUSIC
WITH BRUCE
FRIDAY, 9:00AM**

**FITNESS POWER
HOUR
DAILY
10:00AM & 1:00PM**

**SUCCESS MATTERS
MONDAY—FRIDAY
11:00AM**

**DINING SERVICES
MONDAY, 12:00PM**

**MICHELLE & DAVID
MON, WED, FRI
2:00PM**

**BUZY BEES SALE
SATURDAY & SUNDAY
2:00PM**

**SPIRITUAL LIFE
DAILY, 3:00PM**

**MUSIC HOUR
DAILY, 4:00PM**

**COMEDY HOUR
FRIDAY, 5:00PM**

**MOVIE NIGHTS
FRIDAY, 6:00PM**

**DAILY ENCORE
M-F, 5:00PM
(FRIDAYS at 8:00PM)**

Please continue to send us your comments and feedback, by **Voicemail, x18493** or **online at bccrew.net/feedback**

**The Beatitudes Strong team will be marching in a parade!
Each department will have a "float."**

**We invite you to clear your calendars for
FRIDAY, DECEMBER 18TH AT 2PM**

**Come out on your balcony and cheer on the staff as they
CANCEL THE GRINCH WITH A PARADE!**

**The parade begins at the Life Center and ends at
the Bistro. The exact route of the parade will be published.**

Psst: Want to know a secret?

**We think Santa and Mrs. Claus will be making an
appearance at the parade – and maybe even The Grinch!**



COMMUNITY CORNER—CONTINUED

580-9488 and you will be prompted to enter code 8711774#

- Dementia Carepartner Support Group every 2nd Wednesday at 3PM in the Life Center Boardrooms.
 - In person attendance is limited to 15 people (socially distanced with masks) -OR-
 - Join us over the phone by dialing x15171 (landline) or

602-544-5171 (cellphone)

- Low Vision Support Group every 3rd Wednesday at 3PM in the Life Center Boardrooms.
 - In person attendance is limited to 15 people (socially distanced with masks) -OR-
 - Join us over the phone by dialing x15171 (landline) or 602-544-5171 (cellphone)

CARETOU SERVICES



CareToU will be on Campus for Dermatology Services on **Wednesday, December 30, 2020** and again on **Wednesday and Thursday, January 13 and 14, 2021**. You will see their Mobile Van parked by the big fountain next to the Care Center, across from the Board Rooms, all week long. If you prefer, you may call 602-639-0189 to schedule an appointment, or you can just stop on by; walk-ins are welcomed! Please take advantage of this opportunity to address skin issues. We are working on next year's schedule and will publish it in the Road Runner once it has been established.

THE GIFT SHOP IS OPEN!

Put a little jingle in your step! We have gift ideas galore for all the special people in your life! See the **weekly specials on channel 1-1**. For **every purchase over \$25** through **December 25th**, you will receive a **free** ornament. We are open **Tuesday & Thursday from 9AM—2PM**. See you soon!!

We Remember

Elizabeth "Joan" Morgan.....October 31, 1934—December 6, 2020.....Plaza North