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Roadrunner



HISTORICAL WEEKLY NEWSLETTER OF BEATITUDES CAMPUS, SINCE 1965

HAPPY BIRTHDAY!

- 1st—Douglas Edwards
Janet Wieder
- 5th—Judy Ambelang
Dee Grimm
Jerry Wilson
- 7th—Mel Selbst
Mary Crough
Mali Fry
Jeanine Starrett
- 8th—Linda Driver
Penny Guttman
Mary Ellen Jones
Fred Matheson
- 9th—Phil Crowley
Loretta Cassidy
Rose Cordes
Jeannette
Haasarud
- 10th—Bill Armistead
Marilyn Beaujon
Doris Lyke
- 11th—Billye Butler
Nancy Shane
Virginia Soudriette
Jo Jones
- 12th—Marilyn Lucas
- 13th—Flo-Ella Stow

State of the Campus

Michelle Just,
President & CEO



Dear Beatitudes Community,

So much has changed in the past year – the world around us, our neighborhoods, gathering spaces, the places we work and call home. The coronavirus crisis reminds us of our shared fragility. It has brought to light how everything and everyone is truly connected. For the past nine months, we have stood together as one family fighting this virus. Don't throw your hard work away now. It is at this moment when we need to continue to be vigilant about the preventive measures of mask wearing, hand washing, social distancing and avoiding crowds. While effective COVID-19 vaccines are on the horizon, until all of us have access to it, we need to continue to do all that we can do to mitigate the spread of the virus.

We are hearing some very good news about the coronavirus vaccine. Much information (and misinformation) is being discussed about vaccine availability. Arizona Gov. Doug Ducey said in a press conference on Wednesday that the state is expected to receive “thousands” of doses of vaccine for COVID-19 by mid-December. He laid out a general distribution plan that gives first priority to healthcare workers, other essential workers and residents of long term care and other “vulnerable populations.” I am working nonstop with the county and state health departments and with our membership organization, Arizona LeadingAge, to advocate for all life plan

community residents and staff be priority for the vaccine. As more details are worked out, I will provide you with the distribution plan and a Q&A about the vaccine. As has been the case throughout the pandemic, everything is fluid and can change at a moments' notice.

Confirmed COVID-19 cases in Arizona reached 346,421 on Thursday, December 2, an increase of 5,441 from the previous day, according to the Arizona Department of Health Services. The past three-day increase of 19,603 new cases represents the biggest three-day increase of COVID-19 cases in Arizona since the start of the pandemic and shows that COVID-19 is still actively circulating in our community.

Because of this surge, visitation in our licensed areas of Assisted Living and the Health Care Center has changed. Visitation for Independent Living residents currently remains the same. All visitor guidelines can be found on <https://beatitudescampus.org/beatitudes-family/> and clicking on Visitor Guideline and Forms. For Independent Living residents, I want to reiterate that all packages to or from residents should be delivered directly to/from the resident apartment. Please do not drop off your packages at the front desk, as we have ceased our delivery service.

On Tuesday, December 1, we tested 381 staff and contractors with the PCR COVID-19 test.

Continued on page 4...



**PRAYER REQUESTS,
X15186
DIAL-A-PRAYER,
X15187**

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www.bcampus.org/rr

Beatitudes Campus is a
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a not-for-profit ministry
founded by Church of the
Beatitudes

COVID-19 DASHBOARD

2020-12-04

BEATITUDES CAMPUS RESIDENT COVID-19 CASES

	Active	Recovered	Deaths	Total
Skilled Nursing/Advanced Memory Support Residents	0	11	7	18
Assisted Living/Early Memory Support/Plaza View Residents	0	13	2	15
Independent Living Residents	0	6	2	8
TOTAL CASES	0	30	11	41

BEATITUDES CAMPUS STAFF COVID-19 CASES

	Active	Recovered	Deaths	Total
Health Care Center - Direct Health Care Staff	0	23	0	23
Health Care Center - Support Staff	0	10	0	10
Assisted Living/Early Memory Support/Plaza View - Direct Health Care Staff	0	11	1	12
Assisted Living/Early Memory Support/Plaza View Support Staff	0	6	0	6
Independent Living Staff (Administration/Home Services/Support Staff)	1	16	0	17
Contracted Health Care Workers	0	2	0	2
TOTAL CASES	1	68	1	70

We watched the lighting of the Rockefeller Christmas Tree last night. I was eagerly waiting for the end of the show to see what the tree would look like. Maybe you saw the somewhat sad pictures of the huge Norway spruce in what appeared to be a very scraggly state as it was brought in and unloaded. Many saw it as emblematic of the year overall, a metaphor for 2020's troubles. On Twitter, users wrote that the tree looked like it "had cut its own hair" and had "just like the rest of us, really been through things." The tree was likened to the pitiful little tree shedding its needles that Charlie Brown picks for the Christmas pageant. Then the story came out about the small owl they found inside of the tree who had hitched a ride all the way to NYC. The owl was rescued, treated, and cared for at a wildlife rehab facility and then released. A good news story that is particularly needed right now.



Rockefeller Center, said, "the 75-foot, 11-ton evergreen that arrived in Midtown Manhattan this year after a 200-mile trip from upstate Oneonta looked the same as its predecessors had in past years when they were being installed. Workers had wrapped the tree tightly before making the long drive and it would take the branches time to settle back into their usual position after the tree was unwrapped and placed upright. What people were seeing, she said, were the "normal effects" of that process. She rejected the idea that the tree was any kind of metaphor for 2020. "It is beautiful and full," Ms. Kelly said.

People would not be disappointed by the tree's appearance, she added, when it is lit up on Dec. 2nd. The NYTimes story on the tree said: "Perhaps the tree just needs a little time to relax." Now, that is emblematic of this year! We all need a little time to relax. In the Charlie Brown Christmas special Linus wisely says: "I never thought it was such a bad little tree. It's not bad at all, really. Maybe it just needs a little love." Of course, anyone who has watched that special to the end knows that Charlie Brown's "Peanuts" pals transform the sad sapling into something much more cheerful, which is what Rockefeller Center promised in response to naysayers. Honestly, I am always a bit sad when the little bent over tree is zhuzhed up to appear all beautiful and perfect. So, I was a bit sad when at the end of the Rockefeller special the lights turned on and it was beautiful and perfect. I was hoping to see the lights on the perfectly, imperfect tree, which "just like the rest of us, has really been through things."

When asked about the tree, EB Kelly, a managing director at Tishman Speyer, the real estate firm that owns

COMMUNITY CORNER: OPEN AMENITIES AT THIS TIME

COMMUNITY CORNER: THE FOLLOWING AMENITIES ARE OPEN TO RESIDENTS AT THIS TIME

Resident Lobbies

Hours: All Day (Maximum 4 residents) Residents may play games (Ex: bridge) in groups but are asked to sanitize hands and wear masks at all times.

Building lobby Christmas tree drop off will be on Monday, November 30th. Please call x18492 if you have any questions.

Resident Apartments

Residents may gather in groups of four in individual apartments. Residents are asked to sanitize hands and wear masks at all times.

Visitor Guidelines

Residents in IL may now have two visits per week and up to two people may come during that visit. Visitors must have a completed visitor form to visit campus.

Life Center Walking

Hours: Open Daily 7-10AM (Limit 3 households) Masks are required. On Tuesday's please limit walkers to two at a time due to Employee COVID Testing.

Fitness Center

Now open 7 days a week

Hours Open: 8-11AM & 1-3PM (Maximum 4 residents)

Fitness Classes

Fitness classes with Mike take place at 1:00PM on Monday, Thursday, & Fridays in the Life Center. Classes are limited to 10 people by appointment. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required.

Water Aerobics is starting Thursday 11/19 at 8:30AM. Classes will take place every Tuesday & Thursday. Class size is limited to five residents in the pool. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required on the pool deck but will not be worn in the pool. Social distancing will be strictly enforced.

Swimming Pool

Hours: All Day (Maximum 4 residents)

Bocce Ball Court

Open seven days a week from 6-8:30AM with a limit of four persons at a time. Practice safe social distancing while playing and masks must be worn.

Physical Therapy Clinic

The Oasis Physical Therapy clinic on campus is open. Call x16153 for details and to schedule an appointment.

Library

Hours Open: Monday through Saturday from 1PM-3PM. Masks are required.

Salon Services

Campus salons are open for business Monday-Friday by appointment only. Call x16129 to reach the Plaza North Salon or x16193 for the Town Plaza Salon.

Dining Services

Bistro and Buckwald's orders may be picked up in person.

- You must call in your order at x12908 (Bistro) or x16130 (Buckwald's) prior to pick-up. Masks are required.
- You may do a little shopping in the grab and go and

COMMUNITY CORNER—CONTINUED

convenience store area for some groceries, ice cream, sandwiches, salads, and bottled beverages. There are signs on the floor throughout to help you maintain social distancing.

The Bistro is also open with limited dine-in seating (up to 4 per table) for breakfast, lunch, and dinner. Off-Campus visitors/caregivers may not dine-in with residents, but residents and visitors may dine together outdoors. Residents must place the order inside the Bistro for guests dining with them outdoors, as off-campus guests are not permitted in the Bistro at this time.

- You must make a reservation in advance by calling x12908
- No outside guests (friends or family) may dine-in at this time

Bistro and Buckwald's deliveries are still being offered free of charge.

Grocery Shopping

Campus provided transportation for shopping to Safeway is now available for Independent Living residents

- Safeway shopping days are Tuesday, Wednesday, and Thursday. First come first served.
- Call x12905 24 hours in advance and you will be assigned a shopping time. (Times begin at 8AM.)
- Masks must be worn at all times when using campus transportation.

Starting Monday November 30th, Life Enrichment will no longer be grocery shopping. However, assistance is available to facilitate online grocery shopping and delivery. Call x12905 and leave your name and number for assistance with online shopping. You will receive a call back to discuss online shopping assistance. You do not need to have a computer or internet access to utilize this service.

Gift Shop

Beginning in December, the gift shop will be open every Tuesday and Thursday from 9am to 2pm with a limit of five shoppers in the store at all times. Sales promotions will be featured on Channel 1-1.

Backstreet Boutique

Open Tuesdays and Fridays from 8AM – 12PM. Call x16172 for a ride or for Boutique information.

Buzy Bees Virtual Craft Sale

- Turn TV to Channel 1-2 every Saturday and Sunday at 2PM and shop from home.
- If you like an item, call the number listed and it will be delivered to you.

Spiritual Life

Distribution of Holy Communion

- Independent Living residents are invited to attend the Friday Prayer & Praise worship service at 10AM where communion will be offered. Please call x16109 to reserve your place
- Assisted Living residents are invited to receive communion in Plaza View Lounge on Wednesdays between 1-2PM.

Attendance at Off Campus Worship

- Call Chaplain Peggy at x16109 for more information regarding your faith community protocols for in-person worship

Catholic Mass Sunday at 10:00 AM

- Call Chaplain Peggy at x16109 if you are interested in attending Catholic Mass in the Life Center.

- In person attendance at Mass will be limited to 20 and all safety precautions will be observed
- You will be contacted regarding the week of the month that your seat is reserved
- Sunday Obligation is not mandatory
- Communion will continue to be distributed at resident apartments for those not attending Mass

Friday Prayer & Praise Worship 10:00 AM

- Call Chaplain Peggy at x16109 if you are interested in attending a service of Prayer & Praise including Holy Communion
- In person attendance at Worship in the Life Center will be limited to 20 and all safety precautions will be observed
- You will be contacted regarding the week of the month that your seat is reserved
- Sunday service will continue to be recorded for viewing on Sunday at 3PM and Tuesday at 3PM

Quiet Room

- The Life Center Quiet Room will be open for use on weekdays. Those wishing to make use of this space may contact Kimberly Bravo, Spiritual Life Admin Assistant, ext. x18465.

Bible study with the Chaplains

- Wednesdays 10AM in the Life Center. Limited to 20 people. Call Kimberly at x18465 to reserve your seat.

Life Long Learners

- Two courses in progress: *Learn Zoom* and *Poetry Crafting*.
- *Construction* course with Bill Chase began Nov. 5th.
- Residents with low vision may call x15362 for further details

Readers Theater

- We are looking for six readers for parts in the next Beatitudes Readers Theater Production of *Dragnet*. Contact Robert at x15053 if you are interested in participating. *Dragnet* will be broadcast on December 19th, at 2PM and 4PM.

Support Groups

- Mental Health Peer Support Group (for Plaza View residents only) meets on Mondays weekly at 1PM in the Plaza View Lounge (socially distanced with masks)
- Parkinson's Support Group every 1st Wednesday at 3PM in the Life Center Boardrooms.
 - In person attendance is limited to 15 people (socially distanced with masks)
 - OR-
 - Join us over the phone by dialing x15171 (landline) or 602-544-5171 (cellphone)
- Better Breathers Lung Health Support Group every 2nd Monday at 3:30PM
 - This group does not meet in person. Join us over the phone by calling 602-580-9488 and you will be prompted to enter code 8711774#
- Dementia Carepartner Support Group every 2nd

Continued on reverse...

**TUNE IN TO
BEINSPIRED LIVE!
CHANNEL 1-2 ON
YOUR TELEVISIONS
FOR UPDATES, NEWS
AND INFO FROM
YOUR STAFF.**

STATE OF THE CAMPUS—CONTINUED

Results are still arriving, but as of this writing, 380 are negative and one result is pending. We do have one home companion who tested positive over Thanksgiving weekend. The companion is at home in quarantine, and contact tracing has been finalized. Our prayers go out to the companion and the family.

CHANNEL 1-2 SCHEDULE

This schedule is subject to change.

I am so proud of the unquestionable strength of our community as we fight the spread of this virus. We are Beatitudes Strong!

My best,



Michelle Just, President and CEO

**LIFE ENRICHMENT
DAILY, 9:00AM**

**SYMPHONIC MUSIC
WITH BRUCE
FRIDAY, 9:00AM**

**FITNESS POWER
HOUR
DAILY
10:00AM & 1:00PM**

**SUCCESS MATTERS
MONDAY—FRIDAY
11:00AM**

**DINING SERVICES
MONDAY, 12:00PM**

**MICHELLE & DAVID
MON, WED, FRI
2:00PM**

**BUZY BEES SALE
SATURDAY & SUNDAY
2:00PM**

**SPIRITUAL LIFE
DAILY, 3:00PM**

**MUSIC HOUR
DAILY, 4:00PM**

**COMEDY HOUR
FRIDAY, 5:00PM**

**MOVIE NIGHTS
FRIDAY, 6:00PM**

**DAILY ENCORE
M-F, 5:00PM
(FRIDAYS at 8:00PM)**

Please continue to send us your comments and feedback, by **Voicemail, x18493 or online at bccrew.net/feedback**

COMMUNITY CORNER—CONTINUED

Wednesday at 3PM in the Life Center Boardrooms.

- In person attendance is limited to 15 people (socially distanced with masks)
- OR-
- Join us over the phone by dialing x15171 (landline) or 602-544-5171 (cellphone)
- Low Vision Support Group every 3rd

Wednesday at 3PM in the Life Center Boardrooms.

- In person attendance is limited to 15 people (socially distanced with masks)
- OR-
- Join us over the phone by dialing x15171 (landline) or 602-544-5171 (cellphone)

CERAMIC TREE RAFFLE!

Christmas Tree #1 "White Christmas!"

Snow covere, large (18inch), light up, ceramic tree with approximately 50 blue lights. Bag of 50 multi-colored lights included to create a different look.

Christmas Tree #2 "O Christmas Tree"

Large (18inch), light up, ceramic Christmas tree, dark green with red star and approximately 50 multi-colored lights.

Christmas Tree #3 "Let it snow!"

Small (13inch), light up, ceramic Christmas tree, dark green with snow on tips, red star and approximately 50 multi-colored lights.

Please call **x14311** to purchase raffle tickets which will be drawn on **December 14, 2020 at 1PM.**

Winner need not be present to win.

Let's show support to our amazing Beatitudes employees for their wonderful dedication in 2020!!



1 ticket = \$1.00
7 tickets = \$5.00
14 tickets = \$10.00
28 tickets = \$20.00

Fundraiser for the Beatitudes Employee Appreciation Fund

GIFT SHOP IS FINALLY OPEN!

The Gift Shop is open! Put a little jingle in your step! We have gift ideas galore for all the special people in your life! See the **weekly specials on channel 1-1.**

For **every purchase over \$25** through December 25th, you will receive a **free** ornament.

We are open **Tuesday & Thursday from 9AM—2PM.** See you soon!!

We Remember

Lee AshtonApril 29, 1922—November 10, 2020.....Plaza South
Beverly "Bev" Ferguson.....July 19, 1933—November 21, 2020Plaza North
Henry "Hank" Craig.....February 23, 1926—November 23, 2020Plaza South
Claire SpencerMay 28, 1925—December 4, 2020.....Plaza View