

HAPPY BIRTHDAY!

- 11th—Dosia Carlson
- 12th—Barbara Bauer
Marty Bunge
- 13th—Mary Louise
Jones
Farrell Kenimer
Ronnie Schulz
Don Tamuty
Elizabeth Walsh
- 14th—Faye Iverson
Annetta Pike
Marsha Fitzgerald
- 15th—Frances Califano
Joyce Quisenberry
- 16th—Gloria Westfall

State of the Campus

Michelle Just,
President & CEO



This past week has been a sobering week for all of us. COVID-19 infections are at an all-time high and the scenes we witnessed in Washington DC are shocking. As we move forward, we ask for your collective strength and confidence as we navigate these troubled waters together.

The insurrection and chaos we saw in real time this past Wednesday were appalling. The lawlessness and destruction that occurred at the Capitol is the antithesis of democracy. The peaceful transition of power is the cornerstone of our democracy, and I was so proud of our nation's leaders as they resumed the electoral vote count and restored the tenets of our democracy. The violence that occurred on Wednesday night does not reflect who we are as a nation of people. This tragedy reminds us that words do matter. I have strong hope that we will come together as a country to reinforce the values and ideals that unite us.

The coronavirus continues to spread throughout the country, and particularly in Arizona. One in four Arizonans who are tested for the virus are confirmed positive for COVID-19. This rate of infection has surpassed all other states. This trend will most likely continue for at least the next few weeks. I implore all of you to mask up, avoid large gatherings and shrink your circle to only those you live with and avoid large gatherings. We will get through this together.

The coronavirus vaccine rollout across the country has gotten off to a rocky start. In Arizona, the pace of getting the vaccine into

the arms of people is picking up. Arizona has received 456,000 doses of the vaccines, and, as of today, is still in Phase 1A (health care workers, emergency personnel and long-term care residents). Overall, Arizona's vaccination rate was 1,405 per 100,000 people, which puts us in the "middle of the pack" for vaccination rates across the country. The State of Arizona and Maricopa County are working to ramp up vaccine distribution, and Maricopa County is expected to move to Phase 1B (essential workers, adults over 75, adults living in congregate settings) on Monday, January 11. This is a rapidly evolving situation. Please understand that we will communicate with you as soon as we know any details. We are working rigorously with the state and county and with our pharmacy partner, CVS, as well as with LeadingAge, to ensure that our residents and staff have access to the vaccine as soon as possible.

As I stated last week, on December 29, we administered 133 first-dose vaccines (Moderna) through CVS, to our residents in Skilled Nursing and Advanced Memory Support, staff and designated essential visitors to Skilled Nursing. These individuals will be receiving their second dose of the vaccine on January 26, as well as first doses for residents/staff who were unable to attend the vaccine clinic in December. Last evening, we received information from Maricopa County that vaccine clinics for Assisted Living residents and staff would begin in mid-January; however, we have not received a specific date

Continued on page 4...

COVID-19 DASHBOARD

2021-01-08

BEATITUDES CAMPUS RESIDENT COVID-19 CASES				
	Active	Recovered	Deaths	Total
Skilled Nursing/Advanced Memory Support Residents	0	13	7	20
Assisted Living/Early Memory Support/Plaza View Residents	34	20	4	58
Independent Living Residents	9	12	2	23
TOTAL CASES	43	45	13	101
BEATITUDES CAMPUS STAFF COVID-19 CASES				
	Active	Recovered	Deaths	Total
Health Care Center - Direct Health Care Staff	3	25	0	28
Health Care Center - Support Staff	1	11	0	12
Assisted Living/Early Memory Support/Plaza View - Direct Health Care Staff	6	15	1	22
Assisted Living/Early Memory Support/Plaza View Support Staff	2	11	0	13
Independent Living Staff (Administration/Home Services/Support Staff)	13	24	0	37
Contracted Health Care Workers	2	3	0	5
TOTAL CASES	27	89	1	117

**PRAYER REQUESTS,
X15186
DIAL-A-PRAYER,
X15187**

A publication from
BEATITUDES CAMPUS
1610 W Glendale Ave
Phoenix, AZ 85021
602.995.2611
Content Submissions:
www.bcampus.org/rr

Beatitudes Campus is a
Life Plan Community and
a not-for-profit ministry
founded by Church of the
Beatitudes

HOLD FAST TO THAT WHICH IS GOOD

And so here we are in 2021. This most recent turning of the page from one year to the next was met with a sigh of relief certainly louder than any other that I have experienced as 2021 also comes with its own expectations. While holding out great hope for this new year of 2021, following the events in Washington DC during these past few days we are also painfully aware of the fact that simply turning the page from one year to the next doesn't rid us automatically of woe. Rhidian Brooke, a correspondent and writer from Wales recently shared a new poem where he examines what hope mingled with realism looks like as we share our familiar greeting of 'Happy New Year'.

"When we said the words, we hardly believed them. Said them with little conviction, with a mustard seed-sized faith; said them more in blind hope than certainty, like a punch-drunk boxer dazed from too many battering's to think straight, relying on the muscle memory of New Year's gone by and the reckless hope we had then, of a future better than the present just passed. It surely can't get any worse. We said it



despite the uncertainty and evidence to the contrary at risk of ridicule and falling flat on our backs... This year there will be bad news, but the good news will be like pearls found in the trash. Resolutions are for fools but still we'll make them. Resolution means 'to set free'. I'll resolve to be more green then be on the first plane when the freedom to go is given. I'll kiss the ground of the country I fly to the way the old pope did. At the first party we get to we'll raise hands in the air and shout 'yes!' And when that shot punctures my arm I'll thank God for clever people... We'll get back to the old beat, make a new start. This year things will change and yet be just the same. Let's lose the weight of these sad times, believe that healing awaits and is free. Agree to let no debt remain

except the continuing debt to love. Believe we are necessary to one another. And that with each other we should bear. It's with this hope I say 'Happy New Year!'"

It is certainly true that this year there will be bad news alongside, the good. That is the reality of life, and to shirk from that reality also decreases our chances of finding those pearls of wonder amongst the trash. But that reality also presents us

with a challenge. It's the same challenge which was held before us as we watched such dreadful scenes unfolding at The Capitol. The challenge we face is to live into the words of Paul, written 2000 years ago and yet so very fitting for our time; "encourage the disheartened, help the weak, be patient with everyone. Make sure that nobody pays back wrong for wrong, but always strive to do what is good for each other and for everyone else... **hold fast to that which is good.**"

This year, with its struggles and joys, may we strive not only to live in the reality of our experiences, but to hold tight to our confidence, positivity, determination and hope which we share as we greet one another in love each new day of this new year.

INDEPENDENT LIVING VACCINATIONS UPDATE



It was announced this week that Independent Living (IL) residents 75 years of age and above may begin the process of signing up for vaccinations. We continue to advocate for a clinic on campus, but encourage you to access a vaccine as early as possible and not wait for us. Because you will be required to possibly create a login password and have an email, we ask that if you do not have internet access that you rely upon a friend or family member to assist you with the sign up process. It will also be impossible to accommodate transportation requests for vaccines due to the sheer volume and our current high volume transportation needs. Please

work with family and friends on that as well. The website, which is said to be "live" on Monday, is <https://www.maricopa.gov/5651/Phase-1B>. It is our interpretation that you should be eligible even if you are below age 75 since we are a congregant living setting. We will update you with any new information once it becomes available, as soon as possible.

COMMUNITY CORNER: OPEN AMENITIES AT THIS TIME

COMMUNITY CORNER: THE FOLLOWING AMENITIES ARE OPEN TO RESIDENTS AT THIS TIME

Resident Lobbies

Hours: All Day (Maximum 4 residents) Residents may play games (Ex: bridge) in groups but are asked to sanitize hands and wear masks at all times.

Resident Apartments

Residents may gather in groups of four in individual apartments. Residents are asked to sanitize hands and wear masks at all times.

Visitor Guidelines

Residents in IL may now have two visits per week and up to two people may come during that visit. Visitors must have a completed visitor form to visit campus.

Musical Entertainment:

In-person musical entertainment is temporarily suspended to help reduce spread of COVID

- Please tune in to channel 1-1 to find information on how to enjoy musical entertainment virtually

Life Center Walking

Hours: Open Daily 7-10AM (Limit 3 households) Masks are required. On Monday's please limit walkers to two at a time due to Employee COVID Testing.

Fitness Center

Now open 7 days a week

Hours Open: 8-11AM & 1-3PM (Maximum 1 resident)

Fitness Classes

Fitness classes with Mike take place at 1:00PM on Mondays, Wednesdays, & Fridays in the Recreation Center. Classes are limited to five people by appointment. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required.

Water Aerobics is starting Thursday 11/19 at 8:30AM. Classes will take place every Tuesday & Thursday. Class size is limited to five residents in the pool. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required on the pool deck but will not be worn in the pool. Social distancing will be strictly enforced.

Swimming Pool

Hours: All Day (Maximum 4 residents)

Bocce Ball Court

Open seven days a week from sunrise to sunset with a limit of four persons at a time.

Practice safe social distancing while playing and masks must be worn.

Physical Therapy Clinic

The Oasis Physical Therapy clinic on campus is open. Call x16153 for details and to schedule an appointment.

Library

Library services have been temporarily suspended to help reduce the spread of COVID. We hope to reopen the library in a few short weeks.

Salon Services

Salon services have been temporarily suspended to help reduce the spread of COVID. We hope to reopen the salon in a few short weeks.

Dining Services

- The Bistro and Buckwald's dining rooms will be closed beginning 12/18/20 until further notice.
- You will still be able to pick up your orders in the Bistro and Buckwald's.

- The Corner Perk and the Grab and Go, along with the grocery area will remain open to the residents.
- Bistro and Buckwald's deliveries are still being offered free of charge.

Grocery Shopping

Campus provided transportation for shopping to Safeway is now available for Independent Living residents

- Safeway shopping days are Tuesday, Wednesday, and Thursday. First come first served.
- Call x12905 24 hours in advance and you will be assigned a shopping time. (Times begin at 8AM.)
- Masks must be worn at all times when using campus transportation.

Gift Shop

Gift shop hours have been temporarily suspended to help reduce the spread of COVID. We hope to reopen the Gift Shop in a few short weeks.

Backstreet Boutique

Backstreet Boutique hours have been temporarily suspended to help reduce the spread of COVID. We hope to reopen the Backstreet Boutique in a few short weeks.

Spiritual Life

Until further notice, to minimize any spread or risk of infection, in person worship (Sunday Catholic Mass, Friday Prayer and Praise, Plaza View Communion), Bible Study, and Distribution of Holy Communion to individual apartments has been suspended. Please contact Chaplains Peggy or Andrew if you have concerns or questions.

A variety of Spiritual Life programming will continue to be available to all each day at 3:00 p.m. on channel 1-2.

Life Long Learners

- Watch this space for the updated winter classes

Support Groups

- Phone-in Parkinson's Support Group every 1st Wednesday at 3PM
 - Join us over the phone by dialing 425-436-6333 and you will be prompted to enter code 2980820#
- Better Breathers Lung Health Support Group every 2nd Monday at 3:30PM
 - This group does not meet in person. Join us over the phone by calling 602-580-9488 and you will be prompted to enter code 8711774#
- Phone-in Dementia Carepartner Support Group every 2nd Wednesday at 3PM
 - Join us over the phone by dialing 425-436-6333 and you will be prompted to enter code 2980820#
- Phone-in Low Vision Support Group every 3rd Wednesday at 3PM
 - Join us over the phone by dialing 425-436-6333 and you will be prompted to enter code 2980820#

**TUNE IN TO
BEINSPIRED LIVE!
CHANNEL 1-2 ON
YOUR TELEVISIONS
FOR UPDATES, NEWS
AND INFO FROM
YOUR STAFF.**

CHANNEL 1-2 SCHEDULE

*This schedule is
subject to change.*

- LIFE ENRICHMENT
DAILY, 9:00AM**
- FITNESS HOUR
DAILY
10:00AM & 1:00PM**
- SUCCESS MATTERS
MONDAY—FRIDAY
11:00AM**
- DINING SERVICES
MONDAY, 12:00PM**
- MICHELLE & DAVID
MON, WED, FRI
2:00PM**
- ABOUT BEATITUDES
SATURDAY & SUNDAY
2:00PM**
- SPIRITUAL LIFE
DAILY, 3:00PM**
- MUSIC HOUR
DAILY, 4:00PM**
- COMEDY HOUR
FRIDAY, 5:00PM**
- MOVIE NIGHTS
FRIDAY, 6:00PM**
- DAILY ENCORE
M-F, 5:00PM
(FRIDAYS at 8:00PM)**

Please continue to send us your comments and feedback, by **Voicemail, x18493 or online at bccrew.net/feedback**

STATE OF THE CAMPUS—CONTINUED

for the vaccine clinic.

Our Independent Living residents qualify for Phase 1B of the vaccine distribution. Maricopa County will begin to schedule vaccines at Point of Dispensing sites (PODs). The vaccine at these PODs is the Pfizer/BioNTech vaccine. You can access all information here and schedule an appointment at a POD: <https://www.maricopa.gov/5651/Phase-1B>. I urge everyone to read the information from the county as it pertains to Phase 1B. On the webpage, there is a very comprehensive Question and Answer section. Please know that if you choose this option, you must schedule and return to the POD site for the second vaccine.

I urge our Independent Living residents to register with Maricopa County to get their vaccine. At this time, you must register online; you cannot register by phone. If you don't have access to a computer, please let your family or a friend help you register. At this time, our staff does not have the capacity to register you or to use our transportation services to drive you to a Point of Dispensing site (POD). Although we are continuing to work to get a vaccine clinic at the campus for Independent Living, we do not have confirmation as to whether it can happen. Please don't wait and register with the county.

At our regularly scheduled mass testing on Monday, January 4, 315 staff were tested for COVID-19 and all were negative except four (1% positivity rate). This week, we have had several residents and staff recover from COVID-19, and we are thankful for their return to health. We are reporting 70 cases of COVID-19 among staff and residents. Forty-three residents live in Plaza View Assisted Living and nine residents live in Independent Living. Among staff, four work in the Health Care Center (three direct health care staff and one support staff), eight work in Assisted Living/Early Memory Support (six direct

health care staff and two support staff), 13 work in Independent Living/Administration/Home Services/Support Services, and two are contractors. We have contact traced all cases, and all are in quarantine, in the COVID-19 Unit in Agelink or in the hospital. We are sad to let you know that one resident in Plaza View has passed away, and we pray for comfort and healing for the resident's family and friends. Please keep all our residents in your thoughts and prayers.

Due to the increased number of COVID-19 cases in Assisted Living, we proactively asked the Arizona Department of Health Services and Maricopa County Department of Public Health to audit our infection control procedures in Plaza View and to assist us in identifying any areas we may have overlooked that may have caused the spread of the virus. After hours of monitoring our procedures and reviewing our protocols, both governing bodies determined we were following the highest infection control practices and protocols and had no additional recommendations. Both agencies agreed that spread of the virus within the campus is a reflection of the highly infectious nature of this particular strain of COVID-19 and that the campus is managing the spread to the best of our abilities.

This week, we closed our managers' meeting in prayer, always remembering that we receive bursts of God's light in the storm and asking for strength as we meet the challenges of this time. Please join me in praying for peace and resilience amidst the chaos. May the God of hope blanket you with love.

Stay well.

My best,



Michelle Just, President and CEO

CARETOU SERVICES

CareToU will be on Campus for Dermatology Services on **Wednesday, December 30, 2020** and again on **Wednesday and Thursday, January 13 and 14, 2021**. You will see their Mobile Van parked by the big fountain next to the Care Center, across from the Board Rooms, all week long. If you prefer, you may call 602-639-0189 to schedule an appointment, or you can just stop on by; walk-ins are welcomed! Please take advantage of this opportunity to address skin issues. We are working on next year's schedule and will publish it in the Road Runner once it has been established.



We Remember

Elizabeth Varga.....	May 23, 1921—January 2, 2021	Virginia G. Piper
Georgiana "Georgie" Palmer	June 17, 1925—January 5, 2021	Plaza View
Peggy Smith	July 8, 1936—January 6, 2021	Virginia G. Piper