

**HAPPY BIRTHDAY!**

- 1st—Tom O'Brien
- 2nd—Carol Flinn
- 3rd—Samira Abdulahad
- 3rd—Bill Chase
- 4th—Jack Evans
- 4th—Carolyn Grisinger
- 4th—Irene Dutton
- 5th—Margaret Gabaldon
- 5th—Lindberg Paul
- 6th—Mae Finley

**NEW RESIDENTS!**

**JAN. 22**



Daniel (Dan) Sloan  
N261

## State of the Campus

Michelle Just,  
President & CEO



This past Tuesday, the day started with a cleansing rain, and then the sun started shining over the campus. It was an important day – a coronavirus vaccination clinic, which was open for every resident and every staff who wanted to get vaccinated against COVID-19. It felt like the beginning of the end of this unprecedented health crisis that has infected nearly 749,000 people in Arizona and ended in death for more than 13,000 Arizonans. This was such a big day, and this was a big step to mitigate the spread of the coronavirus. It's been a difficult year for all of us, the getting the vaccine is the beginning of the light at the end of the tunnel. I can hardly express the relief I feel for a brighter future for all of us.

I want to thank the staff for their tireless work and dedication to getting the clinic organized, and thank CVS, our pharmacy partner who were pleased and excited to participate in this day. But, most of all, I want to thank all those who received the vaccine. You have significantly reduced the probability of contracting the virus, and you are protecting those around you. This is how we end the pandemic, no question about it. Although we still need to mask and social distance right now, once many of us in the country get the vaccine, we'll be able to enjoy daily life, family events, work and school

without fear. Thank you!

As of last Wednesday, slightly more than 1 percent of Arizonans have been vaccinated (nearly 80,000 people), and 518,125 doses altogether have been administered. Arizona has a population of 7.4 million.

For those individuals who received their first dose of the vaccine this week at the campus, we will hold another vaccination clinic here on February 23. For those unable to get their first dose this past Tuesday, they can also avail themselves of the vaccine clinic on February 23 for their first dose and on March 23 for their second dose. We continue to educate residents and staff about the science and efficacy of the vaccine.

We remain committed to our mass COVID-19 testing of all staff. On Monday, we tested 280 staff and three staff had positive COVID-19 results (support staff in Independent Living). Additionally, during the regular rapid testing in Assisted Living on Thursday, one support staff tested positive. This past week, we have received positive COVID-19 results on three residents (two Independent Living residents and one Plaza View Assisted Living). You will see from the dashboard, that many residents and staff have recovered from COVID-19, and we are so thankful for their recovery. Sadly,

*Continued on page 4...*

### COVID-19 DASHBOARD

2021-01-29

BEATITUDES CAMPUS RESIDENT COVID-19 CASES				
	Active	Recovered	Deaths	Total
Skilled Nursing/Advanced Memory Support Residents	0	13	7	20
Assisted Living/Early Memory Support/Plaza View Residents	6	45	14	65
Independent Living Residents	2	21	5	28
<b>TOTAL CASES</b>	<b>8</b>	<b>79</b>	<b>26</b>	<b>113</b>
BEATITUDES CAMPUS STAFF COVID-19 CASES				
	Active	Recovered	Deaths	Total
Health Care Center - Direct Health Care Staff	0	32	0	32
Health Care Center - Support Staff	0	12	0	12
Assisted Living/Early Memory Support/Plaza View - Direct Health Care Staff	4	23	1	28
Assisted Living/Early Memory Support/Plaza View Support Staff	1	15	0	16
Independent Living Staff (Administration/Home Services/Support Staff)	7	48	0	55
Contracted Health Care Workers	0	5	0	5
<b>TOTAL CASES</b>	<b>12</b>	<b>135</b>	<b>1</b>	<b>148</b>

**PRAYER REQUESTS,  
X15186  
DIAL-A-PRAYER,  
X15187**

A publication from  
**BEATITUDES CAMPUS**  
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**Content Submissions:**  
www.bcampus.org/rr

Beatitudes Campus is a  
Life Plan Community and  
a not-for-profit ministry  
founded by Church of the  
Beatitudes

In this world of ours we too easily become captive to familiar things. We are all creatures of habit and we find comfort in knowing what is going to happen at the same time, every day. It gives our life structure, predictability, and peace. I have a friend who derives a great amount of joy from her breakfast every morning—it's the same every day. She has two pieces of toast alongside a large mug of coffee with creamer. Nothing exciting, except to her. It is also true that familiar things can dull our senses to wonder and surprise. Pastor Tony Campolo tells the story about being confronted by the unexpected: "I walked down Chestnut Street in Philadelphia. There was a filthy bum, covered with soot from head to toe. He had a huge beard. I'll never forget the beard. It was a gigantic beard with rotted food stuck in it. He held a cup of McDonald's coffee and mumbled as he walked along the street. He spotted me and said, 'Hey, Mister. You want some of my coffee?' I knew I should take some to be nice, and I did. I gave it



back to him and said, 'You're being pretty generous giving away your coffee this morning. What's gotten into you that you're giving away your coffee all of a sudden?' He said, 'Well, the coffee was especially delicious this morning, and I figured if God gives you something good you ought to share it with people.' I figured, this is the perfect set up. I said, 'Is there anything I can give you in return?' I'm sure he's going to hit me for five dollars. He said, 'Yeah, you can give me a hug.' I was hoping for the five dollars. He put his arms around me. I put my arms around him and I

realized something. He wasn't going to let me go. He was holding onto me. Here I am an establishment guy, and this bum is hanging on me. He's hugging me. People are passing on the street. They're staring at me. I'm embarrassed. But little by little my embarrassment turned to awe."

I love that story and I have found that learning to love the unexpected is a good spiritual exercise. You see God is clever. We zig and God zags. We expect a bum with his hand out asking for a buck. God brings a bum who shares his coffee and wants a hug. We expect struggle and difficulty to only bring pain and grief. God surprises us with hope and joy even as we walk through the valley of the shadow of death. Let us learn to love the unexpected so that we experience the things that are just waiting to surprise us.

**COMMUNITY CORNER: OPEN AMENITIES AT THIS TIME**

**COMMUNITY CORNER: THE FOLLOWING AMENITIES ARE OPEN TO RESIDENTS AT THIS TIME**

**Resident Lobbies**

Hours: All Day (Maximum 4 residents) Residents may play games (Ex: bridge) in groups but are asked to sanitize hands and wear masks at all times.

**Resident Apartments**

Residents may gather in groups of four in individual apartments. Residents are asked to sanitize hands and wear masks at all times.

**Visitor Guidelines**

Residents in IL may now have two visits per week and up to two people may come during that visit. Visitors must have a completed visitor form to visit campus.

**Musical Entertainment:**

In-person musical entertainment is temporarily suspended to help reduce spread of COVID

- Please tune in to channel 1-1 to find information on how to enjoy musical entertainment virtually

**Life Center Walking**

Hours: Open Daily 7-10AM (Limit 3 households) Masks are required. On Monday's please limit walkers to two at a time due to Employee COVID Testing.

**Fitness Center**

Now open 7 days a week  
Hours Open: 8-11AM & 1-3PM (Maximum 3 residents at a time)

**Fitness Classes**

**Fitness classes with Mike** take place at 1:00PM on Mondays, Wednesdays, & Fridays in the Recreation Center. Classes are limited to five people by appointment. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required.

**Water Aerobics** is starting Thursday 11/19 at 8:30AM. Classes will take place every Tuesday & Thursday. Class size is limited to five residents in the pool. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required on the pool deck but will not be worn in the pool. Social distancing will be strictly enforced.

**Swimming Pool**

Hours: All Day (Maximum 4 residents)

**Bocce Ball Court**

Open seven days a week from sunrise to sunset with a limit of four persons at a time. Practice safe social distancing while playing and masks must be worn.

**Physical Therapy Clinic**

The Oasis Physical Therapy clinic on campus is open. Call

## COMMUNITY CORNER—CONTINUED

x16153 for details and to schedule an appointment.

### Library

Library services have been temporarily suspended to help reduce the spread of COVID. We hope to reopen the library in a few short weeks.

### Salon Services

Salon services have been temporarily suspended to help reduce the spread of COVID. We hope to reopen the salon in a few short weeks.

### Dining Services

- **In-person dining** at The Bistro & Buckwald's is closed until further notice.
- You may still pick up your orders in the Bistro.
- **Buckwald's has been reopened.**
- The Corner Perk and the Grab and Go, along with the grocery area will remain open to the residents.
- Bistro and Buckwald's deliveries are still being offered free of charge.

### Grocery Shopping

Campus provided transportation for shopping to Safeway is now available for Independent Living residents

- Safeway shopping days are Tuesday, Wednesday, and Thursday. First come first served.
- Call x12905 24 hours in advance and you will be assigned a shopping time. (Times begin at 8AM.)
- Masks must be worn at all times when using campus transportation.

### Gift Shop

Gift shop hours have been temporarily suspended to help reduce the spread of COVID. We hope to reopen the Gift Shop in a few short weeks.

### Backstreet Boutique

Backstreet Boutique hours have been temporarily suspended to help reduce the spread of COVID. We hope to reopen the Backstreet Boutique in a few short weeks.

### Spiritual Life

Until further notice, to minimize any spread or risk of infection, in person worship (Sunday Catholic Mass, Friday Prayer and Praise, Plaza View Communion), Bible Study, and Distribution of Holy Communion to individual apartments has been suspended. Please contact Chaplains Peggy or Andrew if you have concerns or questions.

A variety of Spiritual Life programming will continue to be available to all each day at 3:00 p.m. on channel 1-2.

### Life Long Learners

- No in-person classes are planned at this time. All classes will be held via Zoom.
  - Upcoming classes:
    - **Beginning Zoom:** 11AM on Tuesdays and Fridays, starting January 19. Class

meets twice a week for three weeks.

- **Intermediate Zoom:** 1PM on Tuesdays and Fridays, starting January 19. Class meets twice a week for three weeks.
- **Beginning Zoom – Repeat Session:** 11AM on Tuesdays and Fridays, starting February 16. Class meets twice a week for three weeks
- **Intermediate Zoom – Repeat Session:** 1PM on Tuesdays and Fridays, starting February 16. Class meets twice a week for three weeks
  - Zoom classes are limited to 10 students per session; Registrar for all Zoom classes is Bobbie Kraver.
- **iPhone:** 11AM on Thursdays, starting January 21. Meets once a week for six weeks
  - NO limit to class size; Registrar is Cynthia Cielle
- **Pushy Women:** 9:30AM on Thursdays, starting January 21. Meets once a week for six weeks
  - NO limit to class size; Registrar is Barbara Bauer
- A flyer with this information and with additional information about registration and fees will be available shortly.

### Support Groups

- Phone-in Parkinson's Support Group every 1<sup>st</sup> Wednesday at 3PM
  - Join us over the phone by dialing 425-436-6333 and you will be prompted to enter code 2980820#
- Better Breathers Lung Health Support Group every 2<sup>nd</sup> Monday at 3:30PM
  - This group does not meet in person. Join us over the phone by calling 602-580-9488 and you will be prompted to enter code 8711774#
- Phone-in Dementia Carepartner Support Group every 2<sup>nd</sup> Wednesday at 3PM
  - Join us over the phone by dialing 425-436-6333 and you will be prompted to enter code 2980820#
- Phone-in Low Vision Support Group  
**CANCELLED IN JANUARY**

**TUNE IN TO  
BEINSPIRED LIVE!  
CHANNEL 1-2 ON  
YOUR TELEVISIONS  
FOR UPDATES, NEWS  
AND INFO FROM  
YOUR STAFF.**

**CHANNEL 1-2 SCHEDULE**

*This schedule is  
subject to change.*

**LIFE ENRICHMENT  
DAILY, 9:00AM**

**FITNESS HOUR  
DAILY  
10:00AM & 1:00PM**

**SUCCESS MATTERS  
MONDAY—FRIDAY  
11:00AM**

**DINING SERVICES  
MONDAY, 12:00PM**

**MICHELLE & DAVID  
MON, WED, FRI  
2:00PM**

**ABOUT BEATITUDES  
SATURDAY & SUNDAY  
2:00PM**

**SPIRITUAL LIFE  
DAILY, 3:00PM**

**MUSIC HOUR  
DAILY, 4:00PM**

**COMEDY HOUR  
FRIDAY, 5:00PM**

**MOVIE NIGHTS  
FRIDAY, 6:00PM**

**DAILY ENCORE  
M-T, 5:00PM  
(NOT ON FRIDAYS)**

Please continue to send us your comments and feedback, by **Voice mail, x18493 or online at [bccrew.net/](http://bccrew.net/) feedback**

**STATE OF THE CAMPUS—CONTINUED**

however, one Plaza View Assisted Living resident succumbed to complications from the virus. Our thoughts and prayers are with the family for comfort and strength.

It is now, more important than ever, to keep following the public health guidelines – wearing your mask, social distancing and hand hygiene. We are all in this together. We are Beatitudes Strong!

Stay safe and healthy.

My best,



Michelle Just, President and CEO

**ARE YOU A MEMBER? SIGN UP TODAY! WWW.BCCREW.NET**

Residents, be sure you're a part of our online community by registering at [www.bccrew.net](http://www.bccrew.net)!

Receive updates on what's happening around campus, connect with other residents and join your building's group to discuss building news and updates among your neighbors.

You'll also find the phone directory and game finder where you can see who wants to play what games. Make new friends today! Visit [bccrew.net](http://bccrew.net)!

**NOTICE: You MUST use a legitimate email address to sign up as you will NOT be able to complete registration without one. Administrators will not approve your account if they do not know who you are. You will receive a verification link via email to validate your email address.**

If you have trouble logging in, or setting up an account - please email [knelson@beatitudescampus.org](mailto:knelson@beatitudescampus.org) or call x18493 to review your information and confirm your account.



**Coming soon – a special Valentine's 2 Day Sale – from the Gift Shop  
You will have an opportunity to buy something special for your sweetheart!  
Cards, chocolates and other special gifts will be featured for purchase.  
Thursday, February 4th and 11th from 9am – 2pm on Elaine's patio at the Town Plaza.**

**Please, no cash, but bring your debit/credit card or charge to your b-card.**

**Thank you from Ina Hanna!**

THANKS to all for the dozens and dozens of beautiful notes and cards that were put on my door, the Community Channel Slide and the Chalk Art . Also, a big thank you to Igor for his wonderful musical tribute. It was truly surprising and an amazing 100th birthday.

Ina

*We Remember*

Helen Setzer .....December 18, 1920—January 23, 2021 .....Virginia G. Piper  
George Tissen .....March 18, 1932—January 23, 2021 .....Plaza View  
Mary True.....September 25, 1926—January 25, 2021 .....Plaza View