

March 12, 2021

COMMUNITY CORNER:

THE FOLLOWING AMENITIES ARE OPEN TO RESIDENTS AT THIS TIME

RESIDENT LOBBIES

Hours: All Day (Maximum 4 residents) Residents may play games (Ex: bridge) in groups but are asked to sanitize hands and wear masks at all times.

- CPW 2nd floor lobby can host up to 10 persons.

RESIDENT APARTMENTS

Residents may gather in groups of five in individual apartments and outdoors. Residents gathering privately in groups of five or fewer indoors or outdoors may visit without masks if all members of the party are fully vaccinated.

PLAZA VIEW ASSISTED LIVING

Assisted Living residents may walk around the grounds of Beatitudes Campus and visit with other residents masked while outside. They may not yet enter other buildings other than for salon services.

VISITOR GUIDELINES

Residents may now invite visitors (including children under 18) on Campus, so long as visitors gather only in a resident's private apartment or outdoors (including outdoor dining), and the group gathering is limited to five. Visitors will still be required to fill out the Visitor Guideline form at the Welcome Desk. Parties of five or fewer residents and visitors may gather privately inside apartments and outdoors without masks if all members of the group are vaccinated.

LIFE CENTER WALKING

Hours: Open Daily 7-10AM (Limit 3 households) Masks are required. On Mondays and Thursdays please limit walkers to two at a time due to Employee COVID Testing.

FITNESS CLASSES

- Strength and Balance with Mike takes place at 1PM on Mondays, Wednesdays, & Fridays in the Recreation Center. Classes are limited to 10 people by appointment. Must call Mike Smallwood at 18482 to reserve a spot. Masks are required.
- Fitness with Mary takes place at 10AM on Tuesdays and Thursdays in the Recreation Center. Classes are limited to 10 people by appointment. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required.
- Chair Yoga with Joy takes place at 10AM on Wednesdays. Classes are limited to 10 people by appointment. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required.

Water Aerobics

Classes will take place every Tuesday & Thursday at 8:30AM. Class size is limited to seven residents in the pool. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required on the pool deck but will not be worn in the pool. Social distancing will be strictly enforced.

Swimming Pool

Hours: All Day (Maximum 4 residents)

Bocce Ball Court

- Open seven days a week from 6-8:30AM with a limit of four persons at a time.
- Practice safe social distancing while playing and masks must be worn.
- Players may use the Bocce ball court unmasked if all participants are vaccinated.

Outdoor Entertainment

Outdoor entertainment gatherings will be limited to 20 audience members with performers and audience members masked and socially distanced. Gatherings will be limited to only campus residents/staff at this time (no off-Campus guests). Indoor and outdoor vaccinated presenters and entertainers who are socially distanced from the audience and one another may remove their masks while presenting/ entertaining, so that the audience may better hear them.

PHYSICAL THERAPY CLINIC

The Oasis Physical Therapy clinic on campus is open. Call x16153 for details and to schedule an appointment.

LIBRARY

Hours Open: Monday through Saturday from 1PM-3PM. Masks are required.

SALON SERVICES

Campus salons are open for business Tuesdays through Fridays beginning Tuesday, March 9th by appointment only. The Salons will be open. Call x16129 to reach the Plaza North Salon or x16193 for the Town Plaza Salon.

DINING SERVICES

Bistro and Buckwald's orders may be picked up in person.

- You must call in your order at x12908 (Bistro) or x16130 (Buckwald's) prior to pick-up. Masks are required.
- You may do a little shopping in the grab and go and convenience store area for some groceries, ice cream, sandwiches, salads, and bottled beverages. There are signs on the floor throughout to help you maintain social distancing.

The Bistro is also open with limited dine-in seating (up to 4 per table) for breakfast, lunch, and dinner. Off-Campus visitors/ caregivers may not dine-in with residents, but residents and visitors may dine together outdoors. Residents must place the order inside the Bistro for guests dining with them outdoors, as off-campus guests are not permitted in the Bistro at this time.

- You must make a reservation in advance by calling x12908.
- No outside guests (friends or family) may dine-in at this time.

Bistro and Buckwald's deliveries are still being offered free of charge.

OFF-CAMPUS TRANSPORTATION

Call x12905 24 hours in advance to sign up for an outing. Masks must be always worn when using campus transportation, and social distancing of 6ft will be required in each vehicle. Vehicle capacity will determine the number of residents permitted on each outing.

- **Safeway:** Every Tuesday, Wednesday, and Thursday starting at 8AM.
- **Spectrum Mall:** 1st and 3rd Monday of the month - Departure at 10AM and returns at 11:30AM and 12:30PM.
- **99 Cents Only Store:** 1st and 2nd Friday of the month - Departures at 9AM & 10:45AM (depending on need). Returns at 10:15AM & 12:15AM.
- **Costco:** 2nd and 4th Monday of the month – Departures at 10AM and return at 12PM. (Only one returning trip & seating is limited.)
- **Goodwill & Dollar Tree:** 3rd Friday of the month - Departure at 9AM and return at 10:30AM.
- **Sprouts:** 4th Friday of the month – Departures at 9AM and 10:30AM (depending on need) and returns at 10:15AM and 12PM.
- **Trader Joe's:** 5th Monday of the month - Departure at 9AM & Returns at 10:30AM.

SPIRITUAL LIFE

Catholic Mass Sunday at 9:00AM

- Call Dan O'Horo (X15221) if you are interested in attending Mass in the Life Center. (Limited to 20 people) and/or receiving communion at your apartment door.
- You will be contacted regarding the week of the month that your seat is reserved.
- Sunday Obligation is not mandatory.

Friday Prayer & Praise Worship 9:00AM

- Call Chaplain Peggy at X16109 if you are interested in attending a service of Prayer & Praise including Holy Communion. Limited to 20 people.
- Sunday service will continue to be recorded for viewing on Sunday at 3PM and Tuesday at 3PM

Thursday Devotional Service 10:00AM for Plaza View Residents

- Assisted Living residents are invited to attend a devotional service where communion will be offered. Plaza View Lounge, Thursdays at 10:00AM.

Distribution of Holy Communion

- Independent Living residents are invited to attend the Friday Prayer & Praise worship service at 10:00AM where communion will be offered. Please call x16109 to reserve your place.
- Assisted Living residents are invited to attend a devotional service where communion will be offered. Plaza View Lounge on Thursdays at 10:00AM.

Bible study with the Chaplains

- Wednesdays 10AM in the Life Center. Limited to 20 people. Call Kimberly at x18465 to reserve your seat.

Quiet Room

- The Life Center Quiet Room will be open for use on weekdays. Those wishing to make use of this space may contact Kimberly Bravo, Spiritual Life Admin Assistant, ext. 18465.

Life Long Learners

- No in-person classes are planned at this time. All classes will be held via Zoom.
 - Upcoming classes:
 - **Beginning Zoom – Repeat Session:** 11AM on Tuesdays and Fridays, starting February 16. Class meets twice a week for three weeks.
 - **Intermediate Zoom – Repeat Session:** 1PM on Tuesdays and Fridays, starting February 16. Class meets twice a week for three weeks Zoom classes are limited to 10 students per session; Registrar for all Zoom classes is Bobbie Kraver.
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 - Watch this space for news about upcoming spring classes.

Support Groups

- Mental Health Peer Support Group (for Plaza View residents only) meets on Mondays weekly at 1PM in the Plaza View Lounge (socially distanced with masks)
- Parkinson's Support Group every 1st Wednesday at 3PM in the Life Center Boardrooms.
 - In person attendance is limited to 10 people (socially distanced with masks)
 - OR-
 - Join us over the phone by dialing x15171 (landline) or 602-544-5171 (cellphone)
- Better Breathers Lung Health Support Group every 2nd Monday at 3:30PM
 - This group does not meet in person. Join us over the phone by calling 602-580- 9488 and you will be prompted to enter code 8711774#
- Dementia Carepartner Support Group every 2nd Wednesday at 3PM in the Life Center Boardrooms.
 - In person attendance is limited to 10 people (socially distanced with masks)
 - OR-
 - Join us over the phone by dialing x15171 (landline) or 602-544-5171 (cellphone)
- Low Vision Support Group **CANCELLED WEDNESDAY, MARCH 17TH**
 - In person attendance is limited to 10 people (socially distanced with masks)
 - OR-
 - Join us over the phone by dialing x15171 (landline) or 602-544-5171 (cellphone)

Gift Shop: The gift shop will be open beginning 3/8 every Tuesday and Thursday from 9am to 2pm with a limit of five shoppers in the store at all times. Sales promotions will be featured on Channel 1-1.

Backstreet Boutique: Open beginning 3/9 on Tuesdays and Fridays from 8:30AM – 12PM. Call x18463 for a ride or for Boutique information.