

**B**

# Roadrunner



HISTORICAL WEEKLY NEWSLETTER OF BEATITUDES CAMPUS, SINCE 1965

**HAPPY BIRTHDAY!**

- 26th—Alan King
- 26th—Jim Soudriette
- 26th—Ruth Monson
- 27th—Pat Boykin
- 28th—Linda Carolin
- 29th—Marcia Hartman
- 29th—Sondra Burns
- 30th—Bob Malinski
- 30th—George Krekeler
- 30th—Neil Ward

**WELCOME TO BEATITUDES!**

**March 24**



Shirley Cunningham  
CPW2291

**EARTH DAY 2021!**

**EARTH DAY  
RESTORE OUR EARTH!!  
Thursday,  
April 22nd**

This year's celebration will be dedicated to the memory of Dosia Carlson Volunteer to Help Plan This Year's Celebration! Call Ruth Crowley at x15448 to find out what you can do.

**PRAYER REQUESTS,  
X15186  
DIAL-A-PRAYER,  
X15187**

A publication from  
**BEATITUDES CAMPUS**  
1610 W Glendale Ave  
Phoenix, AZ 85021  
602.995.2611  
**Content Submissions:**  
www.bcampus.org/rr

Beatitudes Campus is a Life Plan Community and a not-for-profit ministry founded by Church of the Beatitudes

## State of the Campus

Michelle Just,  
President & CEO



This week, Beatitudes Campus held its fourth vaccination clinic in partnership with CVS. It is so extraordinary that so many of our residents and staff took this opportunity to get the COVID-19 vaccine. Getting this vaccine to prevent COVID-19 is perhaps the best hope for ending the pandemic (along with masks and social distancing). We know that we are protecting ourselves as well as family, friends and those around us from getting COVID-19 or from becoming seriously ill due to COVID-19.

I want to urge all family members of our residents and staff to make every effort to get the vaccine. As of Wednesday, March 24, Arizona has opened the eligibility to receive the vaccine to all adults (age 16 for the Pfizer vaccine and age 18 for the Moderna and Johnson & Johnson vaccine)! This is great news! We know that the more people who are vaccinated and protected from COVID-19, the harder it is for the disease to spread and mutate and possibly become resistant to existing vaccines. These vaccines are safe and are an important part of our toolkit for moving us out of the pandemic. Maricopa County alone has over 200 vaccination clinics. If you need to get vaccinated, you can find out more information by clicking on this link: <https://www.maricopa.gov/5659/COVID-19-Vaccine-Locations>.

I invite you to join our Beatitudes Strong team of residents and staff and get your vaccine if you haven't already. You will be protecting your loved ones and your friends at the campus and will be helping to prevent the spread of the disease by being vaccinated. We are Beatitudes Strong!

Yesterday, Arizona Gov. Doug Ducey suddenly lifted remaining restrictions to curb the coronavirus, prohibiting government mask mandates and allowing bars and nightclubs shuttered for months to open their doors without restrictions. However, Gov. Ducey encouraged the continued use of masks and allows businesses to enforce mask mandates and distancing. In a statement, Gov. Ducey said "I'm confident Arizona's businesses and citizens will continue to practice the fundamentals and act responsibly as we gradually get back to normal." Medical experts advise us to keep wearing masks until more people in the community are vaccinated. According to the CDC, even fully vaccinated people should wear masks to avoid possibly spreading the virus. In all K-12 schools, masks will still be required. As you know, based on recommendations from state and federal health agencies, we are phasing in re-opening the campus and our plan has been executed well. We are still requiring mask wearing and social distancing except in Independent Living resident apartments when all people are vaccinated. We will continue to monitor the metrics, and our goal is to be fully opened for visitors on campus by May 1. Detail will follow. Guidelines for re-opening are posted on our website at <https://beatitudescampus.org/beatitudes-family/> (click on Visitor Guidelines).

We are showing that we are Beatitudes Strong because our campus currently is COVID-19 free. As the spread continues to decrease in Maricopa County and here on campus, we have been able to decrease the frequency of staff testing per our regulating agencies. We no longer will be doing twice

*Continued on page 4...*

## COVID-19 DASHBOARD

2021-03-26

BEATITUDES CAMPUS RESIDENT COVID-19 CASES				
	Active	Recovered	Deaths	Total
Skilled Nursing/Advanced Memory Support Residents	0	13	7	20
Assisted Living/Early Memory Support/Plaza View Residents	0	50	15	65
Independent Living Residents	0	23	5	28
<b>TOTAL CASES</b>	<b>0</b>	<b>86</b>	<b>27</b>	<b>113</b>
BEATITUDES CAMPUS STAFF COVID-19 CASES				
	Active	Recovered	Deaths	Total
Health Care Center - Direct Health Care Staff	0	33	0	33
Health Care Center - Support Staff	0	13	0	13
Assisted Living/Early Memory Support/Plaza View - Direct Health Care Staff	0	28	1	29
Assisted Living/Early Memory Support/Plaza View Support Staff	0	17	0	17
Independent Living Staff (Administration/Home Services/Support Staff)	0	56	0	56
Contracted Health Care Workers	0	5	0	5
<b>TOTAL CASES</b>	<b>0</b>	<b>152</b>	<b>1</b>	<b>153</b>

We have just recently celebrated the first day of Spring. As we enjoy the beautiful weather and nature's reminder of the fascinating cycle of rebirth, we also look to an important and meaningful time within our Jewish and Christian faith. On Monday, March 29th we celebrate Passover with a Seder meal that you may order from the Bistro while you watch Hannah and Phil Adelman lead us in a Passover Seder

at 5:00PM on Channel 1-2. We wish all our Jewish sisters and brothers a blessed and happy Passover celebration.

Sunday, March 28th marks the beginning of Holy Week. This is a significant time in the Christian calendar, and a time for contemplation and prayer as we honor Jesus's last days before dying on the cross. It is an emotional journey that takes us from excitement (Jesus's triumphal entry into Jerusalem) to despair (Jesus' arrest and crucifixion) through to ultimate joy and hope (found on Easter morning with Jesus' resurrection.) As we walk through Holy Week together there are many spiritual life opportunities to help guide us along the way.

Sunday, March 28th is Palm Sunday. We will have palm crosses available



at our Sunday services. The Roman Catholic Mass is at 9:00AM in the Life Center. The Sunday Worship Service is at 3:00PM in the Life Center, which is our first Sunday back together in person with our Chaplains. We are so excited to be back together again. Please note that social distancing and masks are still required. On Monday, March 29th we will have a special program called, "Heavenly Gardens," playing at 3:00PM on Channel 1-2. Maundy Thursday is April 1st. This is the day we remember the Last Supper with Jesus and his disciples. It is the day that Jesus gave a new commandment to love one another as Jesus has loved us. Maundy comes from the Latin word meaning commandment. We commemorate this significant event by offering special programming about

the Last Supper at 3:00PM on Channel 1-2. There is also a Roman Catholic Mass scheduled for 4:00PM in the Life Center. Good Friday is April 2nd. On this day we mark the dramatic culmination of God's plan to save God's people from their sins with the crucifixion of Jesus. You are welcome to come and spend time in prayer with the Stations of the Cross anytime between 9:00AM and 3:00PM in the Life Center. There will

also be special programming of the Stations of the Cross from The National Shrine of Divine Mercy in Stockbridge, Massachusetts at 3:00PM on Channel 1-2.

Easter Sunday is April 4th. Join us as we joyfully celebrate the Risen Christ at 7:00AM with the Chaplains. Due to spacing requirements we will be inside in the Life Center for this Easter service. There will also be a Roman Catholic Easter Mass at 9:00AM in the Life Center. On Easter Monday, April 5th you have the opportunity to watch the Sydney Philharmonic Choirs perform Handel's Messiah from the Sydney Opera House at 3:00PM on Channel 1-2. May these spiritual life opportunities help you to grow in your faith and bring you thoughtful reflection, inspiration and joy.

**COMMUNITY CORNER: OPEN AMENITIES AT THIS TIME**

**Plaza View Assisted Living Updates**

- AL residents are free to go into other buildings and apartments on Campus, including the Bistro for dining.
- The AL dining room is now open for reservations of up to two people, but IL residents may not yet dine in the Assisted Living dining room.
- IL residents may visit resident in AL and will not need to be vaccinated, but will need to remain socially distanced and masked at all times.

**Resident Lobbies**

Hours: All Day (Maximum 4 residents) Residents may play games (Ex: bridge) in groups but are asked to sanitize hands and wear masks at all times.

- CPW 2<sup>nd</sup> and 4<sup>th</sup> floor lobby can host up to 10 persons.

**Resident Apartments**

Residents may gather in groups of five in individual apartments and outdoors. Residents gathering privately in groups of five or fewer indoors or outdoors may visit without masks if all members of the party are fully vaccinated.

**Visitor Guidelines**

Residents may now invite visitors (including children under 18) on Campus, so long as visitors gather only in a resident's private apartment or outdoors, and the group gathering is

limited to five. Visitors will still be required to fill out the Visitor Guideline form at the Security Gate. Parties of five or fewer residents and visitors may gather privately inside apartments and outdoors without masks if all members of the group are vaccinated.

**Life Center Walking**

Hours: Open Daily 7-10AM (Limit 3 households) Masks are required. On Mondays and Thursdays please limit walkers to two at a time due to Employee COVID Testing.

**Fitness Classes**

- Strength and Balance with Mike takes place at 1PM on Mondays, Wednesdays, & Fridays in the Recreation Center. Classes are limited to 10 people by appointment. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required.
- Fitness with Mary takes place at 10AM on Tuesdays and Thursdays in the Recreation Center. Classes are limited to 10 people by appointment. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required.
- Chair Yoga with Joy takes place at 10AM on Wednesdays. Classes are limited to 10 people

## COMMUNITY CORNER—CONTINUED

by appointment. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required.

### **Water Aerobics**

Classes will take place every Tuesday & Thursday at 8:30AM. Class size is limited to five residents in the pool. Must call Mike Smallwood at x18482 to reserve a spot. Masks are required on the pool deck but will not be worn in the pool. Social distancing will be strictly enforced.

### **Swimming Pool**

Hours: All Day (Maximum 7 residents)

### **Bocce Ball Court**

Open seven days a week with a limit of five persons at a time. Practice safe social distancing while playing and masks may be taken off if all parties are vaccinated.

### **Life Center**

Life Center capacity will be limited to 50 residents and/or staff with social distancing and masks.

### **Outdoor Entertainment**

Outdoor entertainment gatherings will be limited to 75 audience members with performers and audience members masked and socially distanced. Gatherings will be limited to only campus residents/staff at this time (no off-Campus guests). Indoor and outdoor vaccinated presenters and entertainers who are socially distanced from the audience may remove their masks so that the audience can better understand them.

### **Physical Therapy Clinic**

The Oasis Physical Therapy clinic on campus is open. Call x16153 for details and to schedule an appointment.

### **Library**

Hours Open: Monday through Saturday from 1PM-3PM. Masks are required.

### **Dining Services**

Bistro and Buckwald's orders may be picked up in person.

- You must call in your order at x12908 (Bistro) or x16130 (Buckwald's) prior to pick-up. Masks are required.
- You may do a little shopping in the grab and go and convenience store area for some groceries, ice cream, sandwiches, salads, and bottled beverages. There are signs on the floor throughout to help you maintain social distancing.

The Bistro is also open with limited dine-in seating (up to 4 per table) for breakfast, lunch, and dinner. Off-Campus visitors/caregivers may not dine-in with residents, but residents and visitors may dine together outdoors. Residents must place the order inside the Bistro for guests dining with them outdoors, as off-campus guests are not permitted in the Bistro at this time.

- You must make a reservation in advance by calling x12908
- No outside guests (friends or family) may dine-in at this time

Bistro and Buckwald's deliveries are still being offered free of charge.

### **Off-Campus Transportation**

Call x12905 24 hours in advance to sign up for an outing. Bus seating will now be limited to one person per seat or one couple per seat. Masks must be always worn when using campus transportation. Vehicle capacity will determine the number of residents permitted on each outing.

- **Safeway:** Every Tuesday, Wednesday, and Thursday starting at 8AM
- **BEGINNING APRIL 7<sup>th</sup> - Fry's:** Every Wednesday starting at 8AM (This trip will take the place of the Wednesday Safeway trip)
- **Spectrum Mall:** 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month - Departure at 10AM and returns at 11:30AM and 12:30PM.
- **99 Cents Only Store:** 1<sup>st</sup> and 2<sup>nd</sup> Friday of the month - Departures at 9AM & 10:45AM (depending on need). Returns at 10:15AM & 12:15AM.
- **Costco:** 2<sup>nd</sup> and 4<sup>th</sup> Monday of the month - Departures at 10 & AM and return at 12PM. (Only one returning trip & seating is limited.)
- **Goodwill & Dollar Tree:** 3<sup>rd</sup> Friday of the month - Departure at 9AM and return at 10:30AM
- **Sprouts:** 4<sup>th</sup> Friday of the month - Departures at 9AM and 10:30AM (depending on need) and returns at 10:15AM and 12PM
- **Trader Joe's:** 5<sup>th</sup> Monday of the month - Departure at 9AM & Returns at 10:30AM

### **Spiritual Life**

#### **Sunday Worship Service at 3PM**

- Returning to Sunday Worship services at 3PM in the Life Center beginning March 28, Palm Sunday.
- On Easter Sunday, April 4, worship service is at a special time...7AM in the Life Center. (There is no 3PM service on Easter.)
- All services open to residents only and limited to 50 people. Masks are required.

#### **Catholic Mass Sundays at 9AM**

- Beginning Palm Sunday, March 28 you are invited to attend Mass in the Life Center at 9:00 AM
- All services are open to residents only and limited to 50 people. Masks are required
- Sunday Obligation is not mandatory

#### **Thursday Devotional Service 10AM for Plaza View Residents**

- Assisted Living residents are invited to attend a devotional service where communion will be offered. Plaza View Lounge, Thursdays at 10AM.

#### **Bible Study with the Chaplains**

- Wednesdays 10AM in the Life Center.

#### **Quiet Room**

- The Life Center Quiet Room will be open for use on weekdays until 2PM.

### **Life Long Learners**

- Spring courses are being offered via Zoom.
- New classes are coming up. See the flyer you received at your door for additional information.
  - Zoom, Beginning and Intermediate begin Mar. 30, Bobbie Kraver, Registrar x12324
  - Music of the 60s begins Apr. 5, Karen Shannon, Registrar x12956
  - Conversations with Staff begins Apr. 6, Mim Hoover, Registrar, x15277

*Continued on reverse...*

**STATE OF THE CAMPUS—CONTINUED**

a week testing for staff working in Plaza View or the Health Care Center. We will, however, continue to do weekly testing of the majority of our staff and every two weeks for staff who do not have much resident interaction. If cases begin to trend upward in the surrounding community, we will revise our testing strategy to increase frequency as needed. This week we tested over 329 staff and all results were negative. We attribute our decrease in COVID-19 cases to our vigilance in mask-wearing and social distancing whether we are at campus or away from campus and, for most of us, getting a vaccine in addition to the decrease in spread in the community. We aren't out of the woods yet, but the light is shining brighter!

My best,  
Michelle Just, President and CEO

**COMMUNITY CORNER—CONTINUED**

- A Closer Look at State and Local Government begins Apr. 7, Debbie Gilman, Registrar, x17438
- Hamlet begins Apr. 9, Tom Denny, Registrar, x15392
- Beginning in June, our Summer term will offer some courses that are "live" and some that are via Zoom.

**Support Groups**

- Mental Health Peer Support Group (for Plaza View residents only) meets on Mondays weekly at 1PM in the Plaza View Lounge (socially distanced with masks)
- Parkinson's Support Group every 1<sup>st</sup> Wednesday at 3PM in the Life Center Boardrooms.
  - In person attendance is limited to 10 people (socially distanced with masks) -OR-
  - Join us over the phone by dialing x15171 (landline) or 602-544-5171 (cellphone)
- Better Breathers Lung Health Support Group every 2<sup>nd</sup> Monday at 3:30PM
  - This group does not meet in person. Join us over the phone by calling 602-580-9488 and you will be prompted to enter code 8711774#
- Dementia Carepartner Support Group every 2<sup>nd</sup> Wednesday at 3PM in the Life

- Center Boardrooms.
  - In person attendance is limited to 10 people (socially distanced with masks) -OR-
  - Join us over the phone by dialing x15171 (landline) or 602-544-5171 (cellphone)
- Low Vision Support Group every 3<sup>rd</sup> Wednesday at 3PM in the Life Center Boardrooms.
  - In person attendance is limited to 10 people (socially distanced with masks) -OR-
  - Join us over the phone by dialing x15171 (landline) or 602-544-5171 (cellphone)

**Salon Services**

Campus salons are open for business Tuesdays through Fridays by appointment only. Call x16129 to reach the Plaza North Salon or x16193 for the Town Plaza Salon. **Please note:** blow-drying is NOT included in cost of haircut.

**Gift Shop**

Open every Tuesday and Thursday from 9am to 2pm with a limit of five shoppers in the store at all times. Sales promotions will be featured on Channel 1-1.

**Backstreet Boutique**

Open Tuesdays and Fridays from 8:30AM – 12PM. Call x18463 for a ride or for Boutique information.

**MOVIES ARE RETURNING TO THE RECREATION CENTER!**

**Thursday, April 1st at 6PM in the Recreation Center—Mulan (2020 PG-13 1h 55m)** Recasting the plot of Disney's 1998 animated tale, this live-action drama charts the path of a heroic young woman who disguises her gender to take her ailing father's place in the emperor of China's army.

**Saturday, April 3rd at 6PM in the Recreation Center—Ring of Fire (2013 TV-PG 1h29m)** This made-for-TV biopic chronicles the life of June Carter Cash, depicting her childhood in Virginia, her rise to country music star and her marriage to

the great Johnny Cash -- a union stretched to the snapping point by his battle with addiction.

**Sunday, April 4th at 6PM in the Recreation Center—Downton Abbey (2019 PG 2h 2m)** The beloved Crawleys and their intrepid staff prepare for the most important moment of their lives. A royal visit from the King and Queen of England unleashes scandal, romance and intrigue that leave the future of Downton hanging in the balance.

**TUNE IN TO BEINSPIRED LIVE! CHANNEL 1-2 ON YOUR TELEVISIONS FOR UPDATES, NEWS AND INFO FROM YOUR STAFF.**

**CHANNEL 1-2 SCHEDULE**

*This schedule is subject to change.*

**LIFE ENRICHMENT DAILY, 9:00AM**

**FITNESS HOUR DAILY 10:00AM & 1:00PM**

**SUCCESS MATTERS MONDAY—FRIDAY 11:00AM**

**DINING SERVICES MONDAY, 12:00PM**

**MICHELLE & DAVID MON, WED, FRI 2:00PM**

**SPIRITUAL LIFE DAILY, 3:00PM**

**MUSIC HOUR DAILY, 4:00PM**

**COMEDY HOUR FRIDAY, 5:00PM**

**MOVIE NIGHTS FRIDAY, 6:00PM**

**DAILY ENCORE M-T, 5:00PM (NOT ON FRIDAYS)**

Please continue to send us your comments and feedback, by **Voicemail, x18493** or online at **bccrew.net/feedback**

*We Remember*

Sharon Cox.....August 5, 1949—March 22, 2021 .....Plaza South