



## Leave a Legacy



### Leave a Legacy

Recently I have been thinking of the many blessings I have in my life, and I try to be mindful of sharing with others the richness I have experienced. I hope that my life has made a difference in the world in some way – as a wife, a mother, a friend, a daughter, a colleague. I want my actions to leave a lasting footprint for others and inspire future generations.

How do we look forward and give back at the same time? What will our lasting legacy be? It's

certainly something many of us think about. Many compassionate residents and community members believe in the strength of our shared mission to serve and advocate for older adults and want to help secure the future of our campus so that we can serve future generations. Many people want to ensure that residents who are struggling financially can continue to receive support so they can thrive in our community. Others want to

ensure that residents have access to innovative programming and opportunities for continued learning. Still others want to support tomorrow's workforce. All these compassionate visionaries have something in common – they have turned their compassion into action. They are giving back so the campus can be home for future generations of residents. They have chosen to help secure the future of the campus through planned gifts through their wills and trusts.

Planning a future gift to the campus can create opportunities for you as well as for the campus. It's important that your planned gift is right for you and your family, and there are many options from which to choose. There are many planned gifts that won't impact your financial resources today but will have a

significant impact on the future of Beatitudes Campus.

A charitable gift from your estate is a favorite method of giving that enables you to achieve your personal financial goals while benefiting Beatitudes Campus. A bequest in your will is simple to implement and is easy to modify should you ever need the assets during your lifetime. A bequest may be right for you if you are concerned about outliving your resources, because you continue to have access to your assets while you are alive. All you need to do is make Beatitudes Campus a beneficiary in your will or a designated beneficiary of your retirement plan, life insurance policy or other asset. Beatitudes Campus then receives your gift when your estate is settled.

Continued on back page...

Barbara Wood,  
Director of Development



### HAPPY BIRTHDAY!

19th Miriam Lynch

20th Ruth Olson

Marian Polzin

Alyce Zehrbach

23rd Naomi Oglesby

Gene Zerlaut

24th Barbara Beerling

Bessie Chavez

25th Gene Lefebvre

Gene Lefebvre

Shirley White

27th Shirley White

### LARGE PRINT ROADRUNNERS AVAILABLE

If you know anyone on campus with any visual impairments that would benefit from a copy, please direct them to the Welcome Center desk to pick one up!

### Noteworthy Events

**This week's events you should know about...**

➔ Tuesday at 12:00PM

*Behind the Curtain: Setting the Stage for Success at Beatitudes @ Life Center*

➔ Wednesday at 2:00PM

*New Residents Welcome Coffee @ Life Center*

➔ Thursday at 10:00AM

*Outing @ Phoenix Art Museum*

➔ Friday at 1:00PM

*Safe Senior Driving Check-up @ Life Center*

➔ Friday at 5:30PM

*Karaoke & Nacho Night @ Life Center*

➔ Saturday at 8:15PM

*Goodfellers Welcomes Wonder Women @ Life Center*

## Creating Community

Not long ago a resident here on the campus commented to me that she missed the good 'ole days when the campus was still very small and she knew everybody. During the early days of this community it certainly was easier to know people and be known. Finding support and connection was less intimidating than it is now and as this place grows and changes it can be easy to become isolated and feel a sense of loneliness. What once was a small village has become quite a large city with a diversity of residents and staff who reflect a wide array of backgrounds, life experiences, beliefs and values. There is great richness in that and also great challenge. The isolation we all experienced through the pandemic highlights for us the importance of community and connection. The most basic definition of community is a group of interacting people living in a common geographic location. However, what we all yearn for is a different sense of community—one which speaks to the relationships we build and the connections we share. How do we find and feel that sense of community? It does take some intentionality and yet the benefits are many. Volunteering, meeting your neighbors, making an extra effort to talk with someone who may have a different background or perspective than your own, finding others

who share a common interest—these are just some ways to find that sense of belonging that builds and strengthens community.

We know that belonging is primal, fundamental to our sense of happiness and well-being. Maybe your sense of belonging comes from your family, your friends, your faith community, the clubs or organizations in which you participate. Maybe you are struggling to find that sense of belonging whether you are a new resident or you have lived here for a long time. You are not alone in that struggle. This campus has within it people who look like you and have similar beliefs and values, and also people who look and act different, and hold different beliefs and values. One thing to consider is that we are more likely to find connection and belonging when we ask the question, "Who are You?" instead of "Who am I like?" and when we seek what we have in common with one another rather than focusing on our

Rev. Peggy Roberts, Sr. VP of Spiritual Life



differences. The leadership of the campus is committed to building the deep connective tissue of belonging even as the faces and facilities on the campus change over time. The picture that goes with this article is a favorite of mine. Taken several years ago, it is a sea of orange, blue, red, and green t-shirts worn by residents and staff representing the campus community. It is a snapshot in time for many have come and gone since but you can tell by the smiles and waves and spirit that there is a sense of belonging here.

## Success Matters Upcoming Events

Jessica Meyer, Director of Success Matters

### BEHIND THE CURTAIN: SETTING THE STAGE FOR SUCCESS AT BEATITUDES CAMPUS

Mark your calendars for a special series of presentations and discussions coming to you **Tuesday afternoons starting June 22nd at 12:00PM in the Life Center.** This five-part series examines situations and solutions that arise when living and working in a Life Plan Community such as Beatitudes Campus.

When people live together in Community, we share both the ups and downs that come our way. In addition to concerns you may have for yourself over time, there may be occasions when you have concerns about other residents and are uncertain how to proceed while still respecting individual privacy and autonomy. What resources are available on and off Campus? Who can you reach out to for help?

We look forward to this annual summer series, as it allows us

to connect with residents and address concerns before they turn into problems. Join us for all five sessions to learn ways to address changes related to yourself, neighbors, friends, and community, as well as to learn more about the role of Campus staff and available resources.

**June 22—Recognizing and Identifying Concerns Among Friends & Neighbors**

**June 29—Residents Assisting Residents: When Too Much Help Can Hurt**

**July 6—Beatitudes Campus: Policies and Resources**

**July 13—Levels of Care: What Suits Your Needs?**

**July 20--Q and A Panel:** Assisted Living and Health Care Center team members answer your level-of-care questions that may not have been addressed



in previous sessions.

### SAFE SENIOR DRIVING CHECK-UP

With years of experience, older drivers are some of the safest drivers. In fact, older drivers are more likely to wear seatbelts and less likely to speed or drink and drive. However, older drivers are also more likely to have physical, visual, hearing, and memory impairments that can influence their ability to drive safely, and it can be difficult to know when to make the decision to stop driving.

At our **Safe Senior Driving Check-up event on Friday, June 25th from 1-4PM in the Life Center,** residents have an opportunity to be screened in areas of reflexes, leg strength, vision, range of motion, and other factors that contribute to safe driving. Specific tips and feedback will be provided on any areas that could be improved for safer driving. This check-up will be offered annually, so participants will be able to track their scores from year to year, if they would like. Call Jessica at x16110 to reserve a spot.

### We Remember

Estelle Bernstein  
July 8, 1914

June 16, 2021  
Health Care Center

**PRAYER REQUESTS,  
X15186  
DIAL-A-PRAYER,  
X15187**

### AUDIO AGENDA LISTING

Listen to the daily *Roadrunner* agenda through an audio recorded messaging system. You may simply call **x19756** or **602.246.9756**.

A publication from **BEATITUDES CAMPUS**  
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**Content Submissions:**  
[www.bcampus.org/rr](http://www.bcampus.org/rr)

Beatitudes Campus is a Life Plan Community and a not-for-profit ministry founded by Church of the Beatitudes

# WEEKLY AGENDA FOR JUNE 20—26

## SUNDAY, JUNE 20

- 9:00AM (C) Catholic Mass @ Life Center:** All services open to residents and family/guest. Masks are required for family/guests unvaccinated. Sunday obligation not mandatory.
- 3:00PM (C) Sunday Worship Service @ Life Center:** All services open to residents and family/guests. Masks are required for family/guests unvaccinated.
- 6:00PM (C) Movie Watchers @ Recreation Center:** Join us!

## MONDAY, JUNE 21

- 7:00—10:00AM (C) Indoor Walking @ Life Center:** Limit two walkers at a time due to COVID testing.
- 9:00AM (H) Sit & Be Fit @ Recreation Center**
- 9:00AM (H) Water Aerobics @ Pool**
- 9:00AM (H) Shopping @ 99 Cent Store:** Call x12905 to reserve a seat.
- 10:00AM (LLL) Arizona Potpourri via Zoom Meeting**
- 10:00AM (C) Rosary @ Plaza View Lounge:** All are welcome as we pray the Rosary together.
- 1:00PM (H) Strength & Balance @ Recreation Center**
- 2:00PM (H) Basketball Bounce @ Recreation Center:** By appointment, call Dean & Bonnie for reservation x15461.
- 2:00—4PM (H) Darts @ Agelink Great Room:** We're happy to show you how to play. Additional info, call x15564.

## TUESDAY, JUNE 22

- 7:00—10:00AM (C) Indoor Walking @ Life Center**
- 8:30AM—12PM (H) Shopping @ Backstreet Boutique: Storewide sale 50% off.** Call x18463 for a ride or donation pickup. We are also looking for a volunteer who has the desire and skills to manage sales thru a third party such as Craig's List or Amazon. Please call Sandy at x18463 if interested.
- 9:00AM (H) Water Aerobics @ Pool**
- 9:00AM—2:00PM (H) Shopping @ Gift Shop:** Offering a 20% discount for all Jewelry through the month of June. See you soon!
- 9:00AM (LLL) Spanish (Beginning) @ Agelink Great Room**
- 10:45AM (H) Chair Yoga @ Recreation Center**
- 11:00AM (LLL) Better Photos w/Your Cellphone @ Agelink Great Room**
- 12:00PM (★) Behind the Curtain: Setting the Stage for Success at Beatitudes @ Life Center:** Join

us to share and discuss situations and solutions that arise when living in a Life Plan Community. Learn about staff roles and ways to address concerns about friends and neighbors.

## 1:00PM (LLL) Zoom Special Projects via Zoom Meeting

- 1:00PM (H) Strength & Balance @ Recreation Center**
- 2:00PM (C) Bingo @ Plaza View Lounge:** Come play BINGO! Masks required.
- 3:00PM Choir Practice @ Life Center:** Join in singing together with our Choir Director, Ellen Brown. The choir sings at the 3:00PM worship service once a month. All are welcome!

## WEDNESDAY, JUNE 23

- 7:00—10:00AM (C) Indoor Walking @ Life Center**
- 8:00AM—12:00PM (H) Shopping @ Fry's:** Call x12905 - 24 hours in advance to sign up. Masks required.
- 9:00AM (H) Water Aerobics @ Pool**
- 9:00AM (H) Sit & Be Fit @ Recreation Center**
- 10:00AM (LLL) Sign Language @ Agelink Great Room**
- 10:00AM Bible Study @ Boardrooms:** Book of Genesis. Masks are required.
- 10:45AM (H) Chair Yoga @ Recreation Center:** masks are required.
- 12:30PM (H) Shopping @ Safeway:** Please call in advance to reserve your seat on the bus at x12905.
- 1:00PM (LLL) Poetry Crafting @ Agelink Great Room**
- 1:00PM (H) Strength & Balance @ Recreation Center**
- 2:00—4PM (H) Darts @ Agelink Great Room:** We're happy to show you how to play. Additional info, call x15564.
- 2:00PM (★) New Residents Welcome Coffee @ Life Center:** You're invited to enjoy light refreshments while meeting & greeting your new neighbors! All residents are encouraged to attend and welcome our new neighbors! If you are new to campus since March of 2020, please call Ellen at x 16119 to RSVP so we may recognize you. Don't forget to wear your name badges!

## THURSDAY, JUNE 24

- 7:00—10:00AM Indoor Walking @ Life Center:** Masks are required.
- 9:00AM (H) Water Aerobics @ Pool**
- 9:00AM—2:00PM (H) Shopping @ Gift Shop:** Offering a 20% discount for all Jewelry through the month of June. See you soon!
- 9:00AM Studio with David @ Agelink Great Room:** David, Josephine,

Jon and residents continue brainstorming ideas to increase engagement and plan for the future. Join us for coffee and conversation.

**10:00AM Worship Service @ PV Lounge:** Join one of the Chaplains for worship and communion. Plaza View AND independent living residents are welcome! Masks are required.

**10:00AM (★) Outing @ Phoenix Art Museum:** Please call x12905 to reserve your spot.

**10:30PM (LLL) Film as Art @ Agelink Great Room**

**11:00AM (H) Tai Chi @ Recreation Center:** Masks are required.

**1:00PM (H) Strength & Balance @ Recreation Center**

**1:00PM (C) Sing Along @ Plaza View Lounge:** Masks are required. No reservations needed.

**1:00PM (LLL) Art of American Beauty - A Review @ Agelink Great Room**

**6:00PM (C) Movie Watchers @ Recreation Center:** Join us!

## FRIDAY, JUNE 25

**7:00—10:00AM Indoor Walking @ Life Center**

**8:00AM—12:00PM (H) Shopping @ Fry's:** Call x12905 - 24 hours in advance to sign up. Bus seating is limited to one or one couple per seat. Masks required.

**8:30AM—12PM (H) Backstreet Boutique: Storewide sale 50% off.** Call x18463 for a ride or donation pickup.

**9:00AM (H) Morning Motions @ Plaza View Lobby:** Masks are required.

**10:00AM (H) Shopping @ Spectrum Mall:** Please call in advance to reserve your seat on the bus at x12905.

**10:00AM (LLL) Google Photos Organization @ Agelink Great Room**

**12:30PM (LLL) Microsoft Word - Level 1 @ Agelink Great Room**

**1:00PM (H) Strength & Balance @ Recreation Center:** See Monday's guidelines.

**1:00PM (★) Safe Senior Driving Check-up @ Life Center:** Call Jessica at x16110 to reserve a spot.

**2:00PM (C) Bingo @ Plaza View Lounge:** Come play! 30 cents a card, 4-card limit. Masks are required.

**5:30PM (★) Karaoke & Nacho Night @ Life Center:** Bring your voices and appetite to Karaoke and Nacho Night with DJ Jamee! This event is

sponsored by CARECorps and Life Enrichment. All you have to do is reserve your seat by calling x18526. If you would like an alcoholic beverage, there will be a CASH ONLY bar for purchases. Other than that, everything else is FREE!

## SATURDAY, JUNE 26

**7:00—10:00AM Indoor Walking @ Life Center**

**8:15PM (★) Goodfellers Welcomes Wonder Women @ Life Center:** Please join us for a served buffet breakfast! There will be both gender-specific tables, as well as mixed group tables. We've been working with Tech Sgt Matthew Davis from the 56th Fighter Wing of Luke AFB. While the topic may vary from what you may have heard, it will be compelling, and it is great to have the chance to break bread together again.

**9:00AM (H) Sit & Be Fit @ Recreation Center:** See Monday's guidelines.

**4:00PM (C) Live Music @ Plaza Bistro:** Come join us for some great musical fun!

**6:00PM (C) Movie Watchers @ Recreation Center:** Join us!

**6:00PM (C) Hootenanny @ Agelink Great Room:** Come on over!

## UPCOMING EVENTS

**Wednesday, June 30th, 2:00PM @ Life Center (★): State of the Campus Financials/Occupancy Review:** All residents are invited to attend this special Community Wednesday event where we will review campus financials and occupancy. [Mark your calendars.](#)

**Wednesday, June 30th, 6:00PM @ LIFE CENTER (★)—FROM BROADWAY TO HOLLYWOOD:** JOIN award-winning pianist and master storyteller RICHARD GLAZIER on a musical tour of Broadway and Hollywood, featuring sensational songs written by everyone from George Gershwin to Marvin Hamlisch. Mr. Glazier is famous for combining fascinating stories, anecdotes and unforgettable performances. A concert experience to be long remembered as he plays a lot of favorites like "Send in the Clowns," "One" from chorus line, "People" from Funny Girl, and medleys from immortal Broadway shows like Fiddler on the Roof, My Fair Lady, and West Side Story Doors open at 5:40 pm. Refreshments will be served.

## CREATING COMMUNITY—CONTINUED

A gift of your retirement assets, such as an employee retirement plan, IRA or tax-sheltered annuity, is another way to ensure the future of Beatitudes Campus. A gift of these assets may help shield your heirs from taxes. Naming Beatitudes Campus as the beneficiary on your life insurance is a valuable way to make a charitable gift. It can be made without diminishing other investments or assets earmarked for family members.

Of course, you can always make a direct gift of cash. The U.S. Congress has provided several economic incentives to help address the far-reaching effects of the COVID-19 pandemic. Temporary tax incentives to encourage charitable giving were enacted by Congress late last year as a part of the Consolidated Appropriations Act of 2021. With this act, you may be able to deduct charitable contributions to the campus whether you itemize or take the standard deduction. Check with your financial or tax professional to determine whether the incentive makes sense for your specific circumstances.

You have important priorities for your family and loved ones, and we know that their health and financial well-being comes first. When you are ready to consider your legacy, we will be here to help you shape a charitable gift plan that suits your needs and allows you to keep supporting the important work of Beatitudes Campus. Please contact me at [bwood@beatitudescampus.org](mailto:bwood@beatitudescampus.org) or call me at ext. 16136. Your legacy can be an important part of the future of Beatitudes Campus.

## GIFTS FROM THE GARDEN

Now is the time every gardener in the Beatitudes Community Garden waits for. Vegetables and fruits are ripening and need picking and distribution. We need pickers from each of the Campus buildings. It means going to the Garden every other day with a basket and picking ripe vegetables. And bringing them back to the lobby of your residence building. If you need help identifying such veggies, a phone call to experienced gardeners listed below will help you. You will also find guides to picking posted in the Garden. If you are interested, please call Mike Gilman X17438 or Melissa Frey X18115.

## CARECORPS VOLUNTEER CORNER

CARECorps is seeking volunteers to help wheel or guide residents from our Healthcare Center to the Life Center for Morning worship service. The service takes place on Thursdays from 11AM-11:30AM. If you are interested in helping a fellow neighbor, please call x18526.

## COMMUNITY CORNER

**PLAZA VIEW ASSISTED LIVING UPDATES:** AL residents are free to go into other buildings and apartments on campus, including the Bistro for dining. The AL dining room is now open for reservations of up to two people, but IL residents may not yet dine in the assisted living dining room. IL residents may visit residents in AL and may participate in AL activities, but all participants must remain masked and socially distanced at all times when IL visitors are present.

**INDEPENDENT LIVING RESIDENT GATHERINGS:** Residents may gather in groups in individual apartments and throughout campus. Based on CDC guidance, the campus strongly recommends unvaccinated residents continue to wear masks in public settings and when gathering with others for their own personal protection.

**VISITOR GUIDELINES:** Residents may invite visitors (including children under 18) on Campus for private gatherings and events. All unvaccinated visitors must be masked. Children under 12 may be unmasked at the discretion of the guardian.

**LIFE CENTER:** Life Center capacity will be limited to 75 with social distancing when off-Campus guests/visitors are in attendance. Unvaccinated guests must continue to wear masks at events. **Quiet Room**—Life Center Quiet Room will be open for use on weekdays until 2PM.

**LIBRARY:** Hours open are Monday—Saturday from 1-3PM. Masks are required.

**OFF-CAMPUS TRANSPORTATION:** Call x12905 24 hours in advance to sign up for an outing. Bus seating will now be limited to one person per seat or one couple per seat. Masks required when using campus transportation. Vehicle capacity will determine the number of residents permitted on each outing.

**SALON SERVICES:** Campus salons are open for business Tuesdays through Fridays by appointment only. Call x16129 to reach the Plaza North Salon or x16193 for the Town Plaza Salon.