

# BEATITUDES CAMPUS Roadrunner

HISTORICAL WEEKLY NEWSLETTER OF BEATITUDES CAMPUS, SINCE 1965

## State of the Campus

Dear Beatitudes Community, In our continued pledge of transparency, I am reaching out to you today to let you know that we have had two fully vaccinated people – one is a part-time staff member and one is a contracted nurse practitioner – test positive for COVID-19. They both had mild symptoms. We have done contact tracing with the residents with whom they had interaction, and, with our increased monitoring, no residents have shown symptoms. The Delta variant is 60% more transmissible than the original strain of the coronavirus. We do know that there have been reported breakthrough infections among fully vaccinated people. The good

news is that the virus in most cases is mild and hospitalization and death among the fully vaccinated people are extremely low. Health experts do say that being vaccinated is the best defense against the Delta variant. Arizona, with its vaccination rate below 50%, ranks seventh in the nation with the most cases of COVID-19. The state's seven-day average for new cases is the highest since mid-March and more than double the average from two weeks ago. The Delta variant is the dominant strain in Arizona. With the continued transmission of the virus, it will replicate and create a higher risk that it could mutate into an even more deadly variant. The good news is that 98% of

our residents are vaccinated and 73% of staff are vaccinated. That's quite an accomplishment! During this past month, we have held 52 "vaccine conversations" with staff to help separate myths from science. So please, if you aren't vaccinated, consider getting your vaccine so that we can end this pandemic once and for all. Stay safe.

My best,



Michelle Just,  
President and CEO



### HAPPY BIRTHDAY!

- 23rd Chuck Beaujon  
Bonny Hoffman  
Jay Rivin
- 24th Waverly West  
Ken Krebs
- 25th Nancy Ann Rabe
- 26th Jose Henriquez  
Martha Hickcox  
Cora Seginski  
John Wagner
- 27th Barbara Contreras  
Bob Strander
- 28th Shelene Gottlieb
- 29th Mary Wolters
- 30th Margaret Eikmeier

### NOTEWORTHY EVENTS

**This week's events you should know about...**

- ➔ Tuesday @ 11:00AM (OC ★) Spinato's Pizzeria
- ➔ Wednesday @ 2:00PM (LC ★) New Resident Welcome Coffee
- ➔ Thursday @ 9:00AM (AGR ★) Studio with David
- ➔ Thursday @ 11:00AM (OC ★) Churn Ice Cream Outing
- ➔ Friday @ 1:00PM (PB ★) Celebrate July Birthdays
- ➔ Saturday @ 9:00AM (CC ★) Creative Corner Open House

### LARGE PRINT

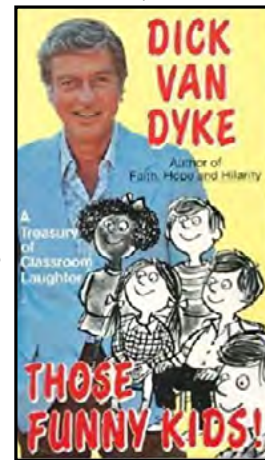
**Visual impairments? Grab a LARGE PRINT version, stop by the Welcome Center desk to pick one up! If they are out, please call x10430.**

## Faith, Hope and Hilarity

The wonderful comedian Dick Van Dyke wrote a book of collected writings called, "Faith, Hope and Hilarity," which is full of the comical, hilarious things that happen when kids first learn about religion. Whether questioning their minister about the Commandments... "How many can you break and still get into heaven?" reciting their prayers.... "Give us this day our jelly bread." Or worrying about a deceased pet.... "What in the world would God want with a dead cat?" Van Dyke delights in the direct, confused, innocent, cynical, creative minds and hearts of children. He used to teach Sunday School himself and knows teachers must have the wisdom of Solomon, the patience of Job, and the courage of David. Teaching children keeps you on your toes! Many Pastors do not like doing the children's sermon on Sundays but I have always loved the opportunity and I enjoy their unexpected, crazy, insightful comments.

Here are a few excerpts from the book: A boy who had just learned the 23rd Psalm was reciting it for his teacher, and did fine until he came to the sixth verse, saying, "Surely good Mrs. Murphy shall follow me all the

Rev. Peggy Roberts, Sr. VP of Spiritual Life



Continued on back page...

## SCAM Awareness

Pre-COVID, Korry Nelson, Media Design Specialist, and I developed and presented to you a 6-week workshop on SCAM Awareness. We invited guest speakers from IT, The Census Bureau, even the FBI, and a wealth of information was shared. Scammers and crooks are always working on finding new ways and implementing tried-and-true ways to get your money, your sensitive, personal data, gain your trust to defraud you in ways we cannot even think of (because our minds, thankfully, just don't work that way). Because of the Pandemic and all the unfortunate changes it brought about, offering

Gabi Holberg, Director of Independent Living

another workshop is still a bit of time away. However, a few refresher tips may come in handy until then. Here are some of the most important things to remember and tricks to apply to keep yourself safe:

- 1) NEVER give out personal, sensitive information over the phone or online. NEVER!
- 2) Nobody wants to give you money! If they tell you that you are eligible for a refund for software you purchased – it's a SCAM. If they want you to invest in a "sure thing" – it's a SCAM. Nobody wants to give you

Continued on back page...

## We Remember

BARBARA ROZEMA  
May 29, 1935

July 16, 2021  
Health Care Center

ROBERTA SCURLOCK  
March 23, 1929

July 20, 2021  
Plaza View



# WEEKLY AGENDA FOR JULY 25 — 31

## SUNDAY, JULY 25

**9:00AM (LC ☺) Catholic Mass:** All services open to residents and family/guest. Masks are required for family/guests unvaccinated. Sunday obligation not mandatory.

**9:00AM (OC ☺) Departure to Our Savior's Lutheran Church**

**10:00AM (OC ☺) Departure to Church of Beatitudes**

**10:30AM (OC ☺) Departure to First United Methodist** Please call Transportation at x12905 for all church trips to reserve your seat.

**3:00PM (LC ☺) Sunday Worship Service:** All services open to residents and family/guests. Masks are required for family/guests unvaccinated.

**6:00PM (RC ☺) Movie Watchers—Matinee (1993 PG 1h39m):** Aging movie producer Lawrence Woolsey (John Goodman) screens his latest schlock-licious B-movie -- filled with atomic blasts and human mutation -- and gets the attention of teen horror-flick buff Gene Loomis (Simon Fenton), all while the Cuban Missile Crisis intensifies. Joe Dante directs this hilarious, touching and nostalgic tale based in Key West, Fla., in 1962. Cathy Moriarty and Kellie Martin co-star.

## MONDAY, JULY 26

**7:00—10:00AM (LC ☺) Indoor Walking:** Limit two walkers at a time due to COVID testing.

**9:00AM (RC ☺) Sit & Be Fit**

**9:00AM (PL ☺) Water Aerobics @ Pool**

**9:00AM (OC ☺) Shopping @ 99 Cent Only:** Please call in advance to reserve your seat on the bus at x12905.

**10:00AM (PVL ☺) Rosary:** All are welcome as we pray the Rosary together.

**10:00AM (EMS ☺) Chair ZUMBA**

**1:00PM (RC ☺) Strength & Balance**

**1:00PM (PVL ☺) Mental Health Peer Support Group:** Do you have anxiety, depression, bipolar disorder, PTSD, or other mental health conditions? You're not alone.

**2:00PM (RC ☺) Basketball Bounce:** By appointment, call Dean & Bonnie at x15461.

**2:00PM (PC ☺) Poker:** Come play some poker, everyone welcome!

**6:30PM (RC ☺) Irene B's Bible Study**

## TUESDAY, JULY 27

**7:00—10:00AM (LC ☺) Indoor Walking**

**8:30AM—12PM (TS ☺) Shopping @ Backstreet Boutique:** FINAL SUMMER BLOWOUT SALE! Clothing, scarves, shoes, belts and all jewelry 75% off. EVERYTHING ELSE 50% off (unless marked firm). Cash or check only. Call x18463 for a ride or donation pickup. The Boutique will be closed August 1st through September 2nd.

**9:00AM (PL ☺) Water Aerobics**

**9:00AM—2:00PM (GS ☺) Shopping @ Gift Shop:** Come shop for all those special people in your lives or maybe get a little something for yourself! Open three days a week!

**10:45AM (RC ☺) Chair Yoga**

**11:00AM (OC ★) Spinato's Pizzeria:** Please call x12905 to reserve your spot.

**1:00PM (RC ☺) Strength & Balance**

**2:00PM (PVL ☺) BINGO:** Come play BINGO! 4 - card limit. Masks required.

**2:00—4:00PM (RC ☺) Darts:** Come join us, for additional information, call x11564.

## WEDNESDAY, JULY 28

**7:00—10:00AM (LC ☺) Indoor Walking**

**8:00AM—12:00PM (OC ☺) Shopping @ Fry's:** Call x12905 - 24 hours in advance to sign up. Masks required. **See important changes coming August 1st below under Safeway Shopping.**

**9:00AM (PL ☺) Water Aerobics**

**9:00AM (RC ☺) Sit & Be Fit**

**9:00AM—2:00PM (GS ☺) Shopping @ Gift Shop:** We've having a Christmas in July sale thru Thursday, July 29th! Get a jump start on your Christmas shopping! It's never too early to start your Christmas shopping!

**9:30AM (PC) Southwest Mobility:** Here to help you with all your walker and wheelchair repairs. Call x18473 to find out more information.

**10:00AM (BR ☺) Bible Study:** Book of Genesis.

**10:45AM (RC ☺) Chair Yoga**

**12:30PM (OC ☺) Shopping @ Safeway:** Please call in advance to reserve your seat on the bus at x12905. **STARTING AUGUST 1ST, due to the high interest in Community Wednesday events, the time schedule will be changing for the Fry's and Safeway shopping trips. Fry's will start departing at 8AM (# of trips depends on how many people call in, and last return will be at 10:30AM. Safeway will depart at 10:45AM with a return at 12:15PM.**

**1:00PM (RC ☺) Strength & Balance**

**2:00PM (LC ★) COMMUNITY WEDNESDAY—New Resident Welcome Coffee:** Enjoy light refreshments while meeting & greeting new neighbors! All residents are encouraged to attend! If you are new to campus, please call Natalia at x18467 to RSVP so we may recognize you. Don't forget to wear your name badges!

**6:00PM (LC ☺) Hootenanny Live Music:** Come on over! Professional group at 6:00PM and open mic at 7:00PM.

## THURSDAY, JULY 29

**7:00—10:00AM (LC ☺) Indoor Walking**

**8:00AM—5:00PM (BC) Air Conditioner Filter Day:** All apartment buildings will have their AC filters changed. Due to the size of this task, no specific time can be provided.

**9:00AM (PL ☺) Water Aerobics**

**9:00AM—2:00PM (GS ☺) Shopping @ Gift Shop**

**9:00AM (AGR ★) Studio with David:** Join us for an interesting conversation on topics to drive Beatitudes towards the future. We have special guests at each meeting and all residents are welcome.

**10:00AM (PVL ☺) Worship Service:** Join us for worship and communion. Plaza View AND independent living residents are welcome! Masks are required.

**11:00AM (OC ★) Churn Ice Cream Outing:** Absolutely delectable!!! Vanilla, chocolate and everything in between. Cool off as we wrap up July and move on to August. Call x12905 for reservations.

**11:00AM (RC ☺) Tai Chi**

**11:30AM (BG ☺) Midday Mealtime with Mike:** Group wellness & "brain games" over lunch! Crossword puzzles, word matching, word scramble, multiple choice questions. All are welcome for some fun thinking!

**1:00PM (RC ☺) Strength & Balance**

**1:00PM (PVL ☺) Sing Along:** Masks are required. No reservations needed.

**4:00PM (PC) On the Rocks:** Join Bill Chase and Friends as they entertain you with music from the 50s through the 90s.

**6:00PM (RC ☺) Movie Watchers— Overcomer [2019 PG 2h]:** Life changes overnight for coach John Harrison after he loses his basketball team and is challenged by the school's principal, Olivia, to coach a new sport he doesn't know or like. As John questions his own worth, he dares to help the least likely runner take on the biggest race of the year.

## FRIDAY, JULY 30

**7:00—10:00AM (LC ☺) Indoor Walking**

**8:00AM—12:00PM (OC ☺) Shopping @ Fry's:** Call x12905 - 24 hours in advance to sign up. Bus seating is limited to one or one couple per seat. Masks required.

**8:30AM—12PM (TS ☺) Backstreet Boutique:** FINAL SUMMER BLOWOUT SALE! Clothing, scarves, shoes, belts and all jewelry 75% off. EVERYTHING ELSE 50% off (unless marked firm). Cash or check only. Call x18463 for a ride or donation pickup. The Boutique will be closed August 1st through September 2nd.

**9:00AM (PVL ☺) Morning Motions:** Masks are required.

**1:00PM (PB ★) Celebrate July Birthdays:** Help us say "Happy Birthday" to those who graced the world with their presence in July many years ago.

**1:00PM (RC ☺) Strength & Balance**

**2:00—4:00PM (RC ☺) Darts:** Come join us!

**2:00PM (PVL ☺) BINGO:** Come play! 30 cents a card, 4-card limit. Masks are required

**4:00PM (PC ☺) On the Rocks:** Join Bill Chase and Friends as they entertain you with music from the 50s through the 90s.

## SATURDAY, JULY 31

**7:00—10:00AM (LC ☺) Indoor Walking**

**9:00AM (RC ☺) Sit & Be Fit**

**9:00AM (AG5/CC ★) Creative Corner Open House:** Join us on Saturday, July 31st from 9-11AM for an open house in Agelink 5. This will be a chance to see all the creative opportunities offered in our newly designed space nicknamed the Creative Corner. We will have light appetizers and drinks. All are welcome to attend.

**10:00AM (PVL) Life Drawing with Tish:** Tish will instruct attendants on life drawings

**4:00—6PM (PB/PC ☺) Happy Hour & On The Rocks:** Join us for special guest performers each week. Keep the momentum going. Move from Happy Hour in the Bistro to "On the Rocks" in the Plaza Club with Bill, Arnie and Robert starting at 5PM.

**6:00PM (RC ☺) Movie Watchers— Apollo 13 [1995 PG 2h20m]:** Technical troubles scuttle the Apollo 13 lunar mission in 1971, risking the lives of astronaut Jim Lovell and his crew in director Ron Howard's chronicle of this true-life story, which turns a failed journey into a thrilling saga of heroism.

### UPCOMING EVENTS

**August 3rd @ 11:00AM (OC) George Yang's Luncheon:** Join us for a Beatitudes Favorite as we once again visit George Yang's Chinese Restaurant. Call x12905 for Reservation.

### AUDIO AGENDA LISTING

Listen to the daily *Roadrunner* agenda through an audio recorded messaging system. You may simply call x19756 or 602.246.9756.

### INFO YOU SHOULD KNOW...

**TRANSPORTATION FOLLOW UP**  
On Monday 7/19 we started up our new "Around the Block" on-campus shuttle service. We have had mixed feedback, so we wanted to elaborate on this service. **Starting Monday 7/26 this service will be available from 7AM-6:45PM M-F.** There is a map with the designated pickup points that everyone should have received at their door. All these pickup stops are located on the exterior of the buildings, **NO pickups will be made either in the lobbies or in the courtyards**, as this is an on-demand service. The calls for this service go straight to the drivers so there will be little to no wait time, (no voicemail will be monitored), there

is also shaded seating at every stop. The drivers will only pick up at the exterior stops, just like a bus route, and they **will not** drive in/on residential areas or sidewalks to get you closer to your destination, i.e., Bistro, mailboxes, pool etc. We will also be loading and unloading from the driver's side of the cart, this is for your safety, as we do not want to load/unload into traffic. If you require **minimal** assistance to the shuttle, please let the driver know. We hope you will utilize and enjoy this service, we will make it as convenient as we can within our pickup locations, please call x15007 for a ride. If after hours/weekends, call Security at x16172. **Route map is available at the Welcome Center.**

**COMMUNITY GARDEN**  
Now is the time every gardener in the Beatitudes Community Garden waits for. Vegetables and fruits are ripening and need picking and distribution. We need pickers from each of the Campus buildings. It means going to the Garden every other day with a basket and picking ripe vegetables. And bringing them back to the lobby of your residence building. If you need help identifying such veggies, a phone call to experienced gardeners listed below will help you. You will also find guides to picking posted in the Garden. If you are interested, please call Mike Gilman x17438 or Melissa Frey x18115.

**LLL FILM FESTIVAL FUN**  
What do the following actors have in common?  
**Don't get Bent Out of Shape!**




**FAREWELL TO DESIREE**  
Beatitudes At Home Caregiver and long-time campus employee, Desiree van Egmond, has decided to retire! She will be truly missed! **On Tuesday, August 3rd. Please stop by Elaine's from 2:00—4:00PM to wish her well!**





## LOCATIONS LEGEND:

☺ —Recurring

💪 —Fitness/Wellness

★ —Special Events

(AC) Admin. Conf. Room

(AD) Welcome Center/Nelson Administration

(AG#) Agelink Room #

(AGR) Agelink Great Room

(BG) Buckwald's AZ Grille

(BR/BE/BW) Boardrooms/East/West

(CC) Creative Corner

(CM) Central Park Mall

(EF) Elaine's Fine Dining

(EMS) Piper Residences

(EP) Elaine's Patio;

(FC) Fitness Center;

(GS) Gift Shop;

(HC#) Health Care Center #th Floor

(LC) Life Center

(OC) Off-Campus

(PB) Plaza Bistro

(PC) Plaza Club

(PL) Pool

(PVL) Plaza View Lounge

(RC) Recreation Center

(TS) Backstreet Boutique Resale

## WELCOME NEW RESIDENTS!



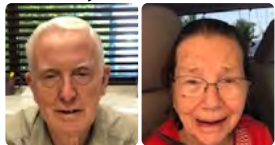
**JULY 16**  
Joy English,  
CPW4294

**JULY 21**  
Judy  
Thompson,  
S308



**JULY 22**  
Patricia Barnes,  
CPS3104

**JULY 22**  
Dr. Donald (Don) &  
Dorothy Randall, N341



## Faith, Hope and Hilarity—Cont.

days of my life." Another boy who loved to go fishing with his dad got as far as the fourth verse and said, "Thy rod and thy reel, they comfort me."

A girl asked why it was that Jesus wore long hair. Before the teacher could think of an answer, another little girl said, "Only his hairdresser knows." A teacher asked her fourth-graders to name the monk who traveled to Spain and taught the Christian religion there. She gave a hint: "He became a saint and you've seen pictures of him with birds surrounding him in his garden." "I know," said a boy. "It's Dr. Dolittle." A

boy in the Cummings family of Indianapolis was very uncomfortable every time his father said grace and asked forgiveness for the family's shortcomings. The boy thought he was the short Cummings that Daddy was concerned about. A boy who had been away to a church camp came home with a new way of saying grace: "Rub a dub dub, thanks for the grub, Yea, God!" A little Jewish boy wrote to thank his Rabbi after he was Bar-Mitzvahed—"Thank you, Rabbi, for the nice things you said about me Saturday. My mother didn't believe a word of

it." A five year old boy reporting to his grandmother on his first Communion said, "Father called some of the people to come down front, and gave each of them an Alka-Seltzer." Finally, a few kindergarten dictionary terms: ABSOLUTION: Making sure you are right. ADAM: Hoss Cartwright's brother. ADULTERY: the sin of saying you're older than you really are. CONVERSION: The point after a touchdown. LAYMAN: someone who lays in bed Sunday morning instead of going to church. May we often find hope and hilarity in our faith!

## SCAM Awareness—Cont.

money. They want to TAKE your money!

**3)** Did you receive a notification that you won a sweepstakes/the Lottery? Ask yourself: do you remember participating? Did you even buy a ticket? If you don't remember, it's a SCAM. If you did participate, proceed with the utmost caution.

**4)** Is someone telling you to pre-pay taxes or fees for a cash prize they say you won? It's a SCAM. Taxes and fees are automatically withheld from cash prize winnings when the payment is made to you.

**5)** Did you receive a request to send money or gift cards to help a friend, family member or someone you don't even know? Don't send them money or gift cards! Pick up the phone and call the person asking you for help. Chances are, they don't have a clue what you are talking about. Why? Because it's a SCAM!

**6)** Your Bank will NEVER ask you for your account number, passwords, Social Security number, etc. via e-mail. See 1).

**7)** Never pay for alleged services with gift cards. Legitimate businesses will perform a service you contacted and hired them to do and give you an invoice.

**8)** NEVER grant someone access to your computer unless you hired them personally to repair a problem YOU detected. SCAMMERS will call you, pretending to be, for example, Microsoft, and tell you something is wrong with your computer. They will then ask you to give them access to connect to your computer so they can "repair" the problem. They now have hit the Jackpot: they have access to everything on your computer. They can install software that

allows them to track key strokes, which gives them your passwords to your Bank account and other, important access points. They can turn on your WebCam (if you have one) and monitor your every movement (this happened to a resident here on campus!). They have everything at their fingertips to rob you blind.

Finally, they will ask you to pay for their "service" – usually with gift cards. See 7).

**9)** If you don't know the person calling you, you don't have to talk to them; it's ok to hang up. By "know the person" I mean to know them personally, you have met. Someone you do NOT know doesn't have any right to ask you personal questions, much less, ask you for money. Please hang up.

**10)** Sadly, many scammers pose as charitable, "save the world"-type organizations, pulling at your heart strings, appealing to your compassionate soul. They pretend to collect money for poor or sick or orphaned children, the destitute around the world, abused or endangered animals, these days even for COVID research. Do your homework before sending money! Look them up with the BBB and check the internet for testimonies. In any search-engine, type the name of the organization and add words like "fraud" or "scam". You will be amazed at what you will read.

**11)** Toss your junk-mail. Online and hard-copy. Give the SCAMMER zero opportunity to lie to you!

**12) If it sounds too good to be true, it usually is.**

## Resident Assistance Fund and Planned Giving

The Resident Assistance Fund provides scholarships to Beatitudes Campus residents who have outlived their resources and need assistance meeting the full cost of their housing and healthcare. For more information, please contact Barbara Wood, Director of Development at 602-995-6136 (x16136).



**The Welcome Center would like to announce some changes when it comes to mailing packages and our new postage meter.** The USPS has changed the way the meter figures the postage on packages. Unlike our last machine it only went by weight; however, our new one is both weight and size. With that, we would like to encourage the use of flat rate shipping boxes (small, medium and large) as they can be cheaper than using regular boxes and to help bypass the input of dimensions making the process quicker. We are happy to provide any size box we have available without charge aside for the postage. Also, As a reminder, the USPS has announced increased postage rates starting August 29th. List of price increase: Letters: .58; Metered Letter: .53; Postcards: .40; Cert. Mail: 3.75; Return Receipt: 3.05

A publication from  
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**Content Submissions:**  
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a not-for-profit ministry  
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Beatitudes