

Independent Living COVID-19 Self-Isolation Precautions at Beatitudes Campus

The COVID-19 virus is highly contagious and can be spread even when vaccinated and unvaccinated individuals carrying the virus do not have any symptoms. As such, Beatitudes Campus is compelled to encourage residents to take every measure possible to prevent the spread of COVID-19 and has put in place safeguard recommendations to better ensure the health of our entire community.

Exposed Residents:

Unvaccinated residents or those have not had a second dose or booster within six months: Residents who are unvaccinated or are more than six months out from their second mRNA dose (or more than two months out after the J&J vaccine) and not yet boosted, must quarantine for five days from the date of the exposure followed by KN95 mask use for an additional five days. Best practice would also include a test on day six after exposure before returning to normal routines on Campus.

Fully vaccinated and boosted: Individuals who are fully vaccinated and have received a booster shot within the past six months are exempt from quarantine, but should wear a KN95 mask for 10 days following the exposure. If symptoms occur, individuals should immediately quarantine until a negative test confirms symptoms are not related to COVID-19. Dispatch Health will provide in-home COVID tests for individuals who develop COVID-like symptoms. They can be reached at 480-493-3444.

Positive Residents:

Asymptomatic Positive: Asymptomatic positive cases or those who are asymptomatic five days following a positive test may be exempt from quarantine after day five with the following:

- Must receive a negative COVID test result after five days since the positive test. Otherwise quarantine will last 10 days. (At this time, the Campus does not have enough tests to test residents and has limited availability to drive residents to testing sites. Please make private arrangements for testing, if possible.)
- Must wear a well-fitted KN95 in all public locations and in the company of others for an additional five days.

Symptomatic Positive: Symptomatic positives must continue to quarantine for a full 10-day period.

We sincerely hope you will fully cooperate with these procedures, and thank you for doing your part to stop the spread of COVID-19. Your adherence to these self-isolation protocols could help save lives.

Self-Isolation Procedures:

- You may choose to leave Campus at any time to stay with family or a friend during this period of COVID-related restrictions on Campus.
- Residents who have tested positive for COVID and those who have symptoms of COVID are asked NOT TO LEAVE their apartment for at least five days (depending on symptoms and test results) for any reason other than essential medical appointments.
- On the 5th day of isolation, Resident Services will inquire about any COVID-related symptoms and ask whether you have plans to be COVID tested. If you are asymptomatic and test negative for COVID, your quarantine will be complete. If you continue to have symptoms, test positive, and/or do not have proof of a negative COVID test, you will be asked to continue to isolate for a total of 10 days following your positive test.
- You also MAY NOT gather with any residents while in isolation, and the CDC advises that you avoid contact with all persons, including members of your own household, as much as possible.
- For the safety of the community and any staff who may need to enter your apartment in an emergency, an isolation sign will be placed on your door and a bin of Personal Protective Equipment will be placed outside your door.
- If you require any additional help or care during your self-isolation period, Beatitudes at Home may assist with your needs. Beatitudes at Home can be reached at #18527.
- If you experience any life-threatening symptoms, such as difficulty breathing, press your bath alert or personal help button or call 911.

Again, we thank you in advance for your cooperation and adherence to the mandatory self-isolation protocol. Any residents who are not compliant with these procedures will have a staff member placed at their door 24/7 to ensure adherence at the resident's expense for the duration of their self-isolation. Please keep in mind that these procedures are temporary, and with your help, we will stop the spread of COVID-19 and make our community safer.

